
VIKINGS VOICE



THE LITTLE CLUB ON THE ROCK

APRIL

2023

CBV CLUB
NEWSLETTER

CELEBRATING
CBV CULTURE
& NEWS

#oneclub
#vikingsway
#CBV



SPIRIT OF THE VIKINGS

MESSAGE FROM THE EDITOR...

I believe something valuable can always be learned from history. We are modern Vikings by name. But who were the Vikings of old and do our actions and values align with what made them a world force for nearly 400 years?

The first thing to recognise is that the Vikings had to band together as one force and to organise themselves into a cohesive unit to be able to achieve their incredible conquests.

Historians now believe the Vikings explored as far as Asia, Northern Africa and the Americas, and their artifacts have been found in at least 37 countries from Afghanistan to Canada.

The ability to sail so far can only be achieved through a shared vision and belief and unwavering cooperation. There is no doubt the Vikings conquered the world because they were one unit. Just as we are One Club.

The Vikings were a mix of visionaries and warriors. They had to be visionaries to even have the faith or desire to set off to find new and distant lands. Who even knew what was across the ocean? We too have visionaries on our Committees and amongst our members. The Community Centre came into being because we saw a future where we could benefit the community beyond just lifesaving. It's a new and exciting expedition into the unknown.

Vikings warriors were effective not only for their bravery but also because of their loyalty. They were a force because they held together to achieve a common cause. They had each other's backs and the recent evidence suggests that they valued and celebrated diversity. In 2017, the remains of one Viking were genome sequenced. Archaeologists had previously presumed that the Viking was a great King or General because of the presence of war horses, an armoury of weapons and valuable treasures found at the burial site.



SPIRIT OF THE VIKINGS

...MESSAGE FROM THE EDITOR

But the DNA test revealed something astounding: the dead warrior was not a man at all but a female warrior who was clearly revered by her kin.

How proud we can be of the establishment of the Valkyries this year, a group recognising and developing our female members. Our diversity is our strength.

The history books deal almost exclusively with the Vikings' exploits abroad. But none of that could have been achieved without ensuring that the home front was protected and functioning. Farms had to be maintained and productive. Fishing and hunting fed the people until the warriors returned.

Our "Home Land" has always been Currumbin Beach. Our lifesavers have protected that home land without fail for more than 100 years, most importantly even when our warriors were away.

Our Supporters' Association staff are our cherished farmers and hunters. They toil every day to ensure we always have the resources we need to keep the home fires burning. Without them, there can be no next conquest.

Finally, the Vikings revered their elders and their departed. They celebrated great Vikings, living and dead, and told stories about brave deeds for generations. This can only be because they loved one another and, above all, simply loved being Vikings.

Upon reflection, how much we seem to have in common with our ancient brothers and sisters. May each of you leave an indelible mark on the Vikings, in your own unique way, which will be spoken about in revered terms for generations to come.

Be Mighty.

Benny Munro

**Benny Munro
Club Newsletter**



CURRUMBIN BEACH VIKINGS

SURF LIFE SAVING CLUB



Y

vikings take responsibility and always do what we say

I

always think 'one club' and 'team first'

K

keep being a positive influence

L

always have my fellow Viking's back

N

never forget to have fun

O

open and honest conversations

S

support and respect everyone





WHAT'S ON...

COMING UP IN APRIL / MAY / JUNE

APRIL / MAY PATROLS

Sat 22 April - Patrol 3 (AM) & Patrol 14 (PM)
Sun 23 April - Patrol 5 (AM) & Patrol 13 (PM)
Tue 25 April - Vol (AM) & Patrol 10 (PM)
Sat 29 April - Patrol 4 (AM) & Patrol 7 (PM)
Sun 30 April - Patrol 12 (AM) & Patrol 9 (PM)
Mon 1 May - Patrol 1 (AM) & Executive (PM)

APRIL / MAY EVENTS

Tue, 25 April 2023 - ANZAC Day Dawn Parade & Service, Elephant Rock, 5am
Thurs, 11 May 2023 - CBV General Meeting, The Vikings Room, 6pm
Sun, 14 May 2023 - Mother's Day Bottomless Afternoon
Sat, 20 May 2023 - Annual Vintage Vikings, The Vikings Room, 1pm

MAY / JUNE CARNIVALS

Sun, 7 May 2023 - Sharkskin Ocean Roar IRB Premiership, Round 1, Tallebudgera SLSC
Sat, 20 to Sun, 21 May 2023 - Sharkskin Ocean Roar IRB Premiership, Round 2, Mooloolaba SLSC
Sat, 27 May 2023 - Gold Coast Pool Rescue Competition, Gold Coast Aquatic Centre
Sat, 3 & Sun, 4 June 2023 - Sharkskin Ocean Roar IRB Premiership, Round 3, Currumbin SLSC
Sat, 17 & Sun, 18 June 2023 - Sharkskin Ocean Roar IRB Premiership, Round 4, Mooloolaba SLSC



CURRUMBIN BEACH VIKINGS
SURF LIFE SAVING CLUB



ANZAC DAY

25 APRIL 2023

LEST WE FORGET

The Currumbin RSL Dawn Service will again be held at Elephant Rock at Currumbin Beach on Tuesday, 25 April 2023.

It is with great honour that the Vikings continue to support the Currumbin RSL in hosting their ANZAC Day commemorations and to join together with our local community to pay tribute and remember those who have served and died in military operations for Australia and New Zealand.

Please join the service on the beach at 5am or watch from home on Channel 7's Sunrise who will broadcast the service live.

Dawn Service Timetable

3:00am - Park & Ride commences from Currumbin RSL & The Pines Shopping Centre (gold coin donation)

4:00am - March assembly & registration check

4:35am - March off

5:00am - Dawn Service commences

6:00am - 7:00am - Return Park & Ride Service

The Ode

They shall grow not old, as we that are left grow old.

Age shall not weary them, nor the years condemn.

At the going down of the sun and in the morning,

We will remember them.





General Meeting

6pm, Thursday 11 May 2023

FINAL GENERAL MEETING OF THE
2022 / 2023 SEASON

The Currumbin Beach Vikings Surf Life Saving Club Inc. will hold its final General Meeting for the season at 6pm on 11 May 2023 in The Vikings Room.

All current financial members are invited to attend and participate in the meeting. It's your Club, it's your Voice.



Mother's Day

BOTTOMLESS AFTERNOON

Spoil mum with the breathtaking views from the top floor of the Currumbin Beach Vikings

SUNDAY, 14TH MAY | 3PM - 6PM

4 COURSE TAPAS MENU

vegan menu available on request prior to event

2 HOUR BEVERAGE PACKAGE

including selected cocktails, wines, sparkling, beers & non alcoholic options available 3.30pm to 5.30pm

LIVE MUSIC

Dan Ferguson playing live 3pm - 6pm

- limited tickets available -

\$87 PER PERSON + booking fee

WWW.TRYBOOKING.COM/CHOSJ OR
SCAN QR CODE TO PURCHASE YOUR TICKETS

terms & conditions apply



Vintage Vikings Afternoon

**SATURDAY, 20 MAY 2023
FROM 1PM IN THE VIKINGS ROOM**

**JOIN US FOR THE ANNUAL VINTAGE VIKINGS GET
TOGETHER. BRING YOUR TALL STORIES AND WILD
EXAGGERATIONS ABOUT THE GOOD OLD DAYS**

**VINTAGE VIKINGS IS OPEN TO ALL CBV MEMBERS:
ACTIVE, NEW AND PAST VIKINGS**

**BE IN TO WIN THE TRADITIONAL VINTAGE VIKINGS' BEER
MUG DOOR PRIZE**

VINTAGE ISN'T OLD, IT'S CLASSIC





THE AUSSIES

25 MARCH TO 2 APRIL 2023

SCARBORO SLSC & TRIGG ISLAND SLSC, PERTH

From the late 8th century, the Vikings dominated the seas of northern Europe for over 300 hundred years. Attacking in small groups at first, fleets in the later Viking Age could number 250 ships or more. Building fleets and raising mighty armies, Viking chieftans took Europe by surprise, humbling emperors, lords and kings alike. The Vikings' primary objectives were to acquire wealth, particularly in the form of precious metalwork.

Gold, Silver, Bronze? Perhaps our Club mates have been brushing up on their history. Because a coast-to-coast raid for precious metalware is exactly what our Vikings executed in Perth at The Aussies, taking home 13 Gold, 9 Silver and 9 Bronze medals.

Even more inspiring than the results, was the camaraderie, the sportsmanship and the unity on display by each and every Viking in attendance. Seeing the smiles, the tears, the group hugs, and to hear the chanting and the Viking's Clap at each event was simply uplifting.



It was touching to watch as so many of our medal winners paid tribute to our great mate, Freddy Fien, in their post-race interviews and recognise the people and culture of the Club in supporting their efforts.

To see the sheer numbers of Vikings in the stands to watch our Queen of the beach, EJ Forsyth, win her 5th Aussie flags title was enough to bring a tear to even the hardest of Vikings warriors.

You all displayed each of the Vikings Way values. You were all Mighty, Mighty.





THE AUSSIES

25 MARCH TO 2 APRIL 2023

SCARBORO SLSC & TRIGG ISLAND SLSC, PERTH

Our Youth Athletes and Masters were the first of our competitors to take the stage, with a number of fantastic results across the first weekend and a haul of medals.

Congratulations to our

MIGHTY VIKINGS

2023 Australian Championships, Scarborough

3rd U15 Sprint Race - Zoe Nichols

2nd 50-54 Boards - Michael Chan

3rd 60-64 Ski - Rob Dorrrough

1st 50-54 Board Rescue -
Chris Maynard / Michael Chan

1st 60-64 Board Rescue -
Rob Dorrrough/Michael Chase Smith

2nd 55-59 Double Ski -
Chris Maynard/Rob Dorrrough

1st - 170 Yrs Board Relay
Michael Chase Smith, Michael Chan,
Chris Maynard

1st - 170 Yrs Taplin Relay
Rob Dorrrough, Chris Maynard,
Michael Chan





THE AUSSIES

SCARBORO SLSC & TRIGG ISLAND SLSC, PERTH

Congratulations to our

MIGHTY VIKINGS

2023 Australian Championships, Scarborough

1st Paul O'Shea
40-49 Champion Lifesaver

2nd Herb Winter
U17 Champion Lifesaver

3rd Julia O'Shea
U15 Champion Lifesaver

3rd Lucas Berezwick
U19 Champion Lifesaver

3rd Champion Patrol Team
Paul O'Shea, Darcy Winter, Jacob Loughnan, Sam Dick, Ty Buckmaster, Herb Winter

1st U17 Belt Race
Riley Brennan (Swimmer)
Reels Party - Chris Maynard, Jacob Loughnan, Jayden Erskine, Luke Cahill

The Surf Rescue (Lifesaving) events are fast becoming a Club favourite with our Team Captain and Coach, Paul O'Shea, leading the way with a Gold in Champion Lifesaver. It was beautiful to see Julia O'Shea following in her Dad's footsteps to achieve 3rd in the U15 Champion Lifesaver event. The Winter boys represented their family on the podium too, with a Silver for Herb in the U17 event and Darcy joining him for a Bronze in the Champion Patrol Team.





THE AUSSIES

SCARBORO SLSC & TRIGG ISLAND SLSC, PERTH

To be at the pinnacle of any of the events within Surf Lifesaving takes a dedication to training, competition and sacrifice which only a few can realise. There were so many thrilling races involving Vikings over the week and we continue to celebrate those achievements and stories.



Congratulations to our **MIGHTY VIKINGS**

2023 Australian Championships, Scarborough

1st Callum Brennan
U19 Surf Race

1st U19 Taplin Relay
Callum Brennan, Ryan Green, Hugh Munro

1st U19 Board Race
Nick Green

1st Open Women's Flags
Elizabeth Forsyth

1st U19 Rescue Tube Rescue Race
Callum Brennan, Riley Brennan
Hugh Munro, Nick Green

1st U19 Women's Surf Boat
Frankie Fisher, Sophie Castles, Rio Heaney, Celeste Nutley, Steve Purcell

Congratulations to CJ and Riley Brennan on an outstanding Aussies. The boys were supported in the team events by their Vikings mates to win Gold medals in the U17 Belt Race and the U19 Rescue Tube Rescue. The Brennan boys combined in the U19 Rescue Tube Rescue event in a dominant performance, with a 10 second lead at the first changeover. Commenting on the proud tradition at Currumbin and achieving an Australian Gold, CJ spoke on behalf of the boys, "Yeah, they don't come very often but today we got one and it was like a tribute to Freddy Fien who passed away a few weeks ago so we did this one for him".

Freddy was commemorated within the Moment of Reflection at the Boats Arena, noting his membership with Rainbow Bay and Currumbin as a Rower, Official and Best Mate.



THE AUSSIES

SCARBORO SLSC & TRIGG ISLAND SLSC, PERTH

In front of a packed beach arena, EJ Forsyth claimed her 5th straight Open Women's Flags title, where it all started for her at the last Perth Aussies in 2018. An emotional win, EJ paid tribute to her Club mates and the support she felt:

"I love my Vikings. The Club means so much to me and we've had a really hard time over the last month. We've lost one of our really key members who passed away, Freddy Fien, and you know, this one's for him today because he would have been here cheering me on... 100% they've supported me from day one. And you feel it all the time. I don't know how many of them were up there, but I could hear them every single time and I just love them all so much and I'm so thankful to be a part of this Club."



Congratulations to our

MIGHTY VIKINGS

2023 Australian Championships, Scarborough

1st Open Women's Surf Boat

Elise Buchanan, Tara Townsend,
Genevieve Kelly, Marianne Walker
Lyle Clark

2nd U19 Board Race

Ryan Green

2nd Open Women's Sprint

Elizabeth Forsyth

2nd U17 Surf Race

Riley Brennan

2nd U17 Surf Teams

Riley Brennan, Kobi Holden
Herb Winter, Tai Smith

2nd Lifesaver Relay

Lyle Clark, Elise Buchanan, Tara
Townsend, Genevieve Kelly, Marianne
Walker, Riley Brennan, Ryan Green,
Jayden Erskine, Jack Eveleigh

Take heed aspiring board paddlers to the Vikings U19 Males who achieved the trifecta in a board racing masterclass. The grit and determination showed by Nick Green, Ryan Green and Lucas Berezwick to lead the race from the start and finish together while staying off their challengers, was a once in a generation feat. This was a race that will go down in the annals of Vikings history.





THE AUSSIES

SCARBORO SLSC & TRIGG ISLAND SLSC, PERTH

Another incredible race was fought in the U19 Taplin with Hugh Munro charging out of the gates on the ski, Ryan Green holding strong on the board and CJ Brennan producing a swim for the ages to get the boys over the line in first place, proving why he was also a deserved winner of the U19 Surf Race.



Congratulations to our

MIGHTY VIKINGS

2023 Australian Championships, Scarborough

2nd U19 Surf Teams

Callum Brennan, Riley Brennan, Ryan Green, Nick Green

3rd U19 Board Race

Lucas Berezwick

3rd U19 Board Relay

Ryan Green, Lucas Berezwick, Callum Brennan

3rd Lifesaver Relay

Matthew Wildman, Kelissa Brockett, Tara Coates, Lisa Mosely, Sascha O'Keeffe, Nick Green, Lucas Berezwick, Callum Brennan, Tai Smith

3rd Reserve Women's Surf Boat

Billy Psaltis, Haidee Psaltis, Katie Gill, Maddy Ruygrok, Teagan McFarlane

And finally, our Boaties wrapped up an incredible week of competition with the Chilli Pepperz retaining their U19 Female title and the Hunters adding to their golden year as the Open Female Champions. Lyle Clark summed it up:

"...to be honest, it's just amazing to be in Currumbin. It's just the best Club, best culture, these girls are amazing."







THE AUSSIES

A REFLECTION FROM HEAD COACH, KURT WILSON

What I learned and reconfirmed at Aussies 2023...

- ♥ **A positive team culture is the best performance platform we can have.** This campaign has shown us all that the environment we live and breathe has unmatched positive performance outcomes across everything we do. I've seen you all grow into close friends, supportive rivals, loving team mates, loyal brothers and sisters and most importantly developed an athlete-led unity that I would argue is one of the best on the beach. I'm confident the culture you've all played a critical role in developing can't be broken by anyone, anywhere at anytime!
- ♥ **Strong self belief is endless in its ability to power performance, drive process and deliver personal growth.** This week I've watched Vikings dream, believe and achieve one of the greatest feats in Australian Surf Sports and are now crowned Australian Champions. I witnessed personal goals being achieved race after race and watched you all attack your races with pride, conviction and the confidence of champions. The heart and soul poured into relay performances was inspiring and that proved to me that positive self talk, personal self belief and organic belief in team mates and the willingness to open up and have the freedom to achieve is crucial in the evolution of our Club and the ongoing performance of us all as individuals. The greater our self image and self belief, the greater heights we will reach as a Club!
- ♥ **There is a turn of the tide in surf sports domination with a youthful flare and a focus on youth development.** With a young athlete base, for us at Currumbin we have the opportunity to redefine and reshape the competitive landscape for many years to come. It's the work and commitment we strive to achieve now and beyond that will thrust us into great stead moving forward. To be at podium level in the U19's arena across marquee events like the U19 Male Taplin, U19 Male Surf Teams, Surf Race and the astonishing clean sweep of the U19 Male Board Race and U19 Women's Surf Boats, we have the greatest opportunity in Australia to build momentum, promote pathways and embed sustainable success!



THE AUSSIES

A REFLECTION FROM HEAD COACH, KURT WILSON

♥ **The success and highs and celebrations in the shining lights and glitter of the Australian Championships are only possible because of the sheer hard work, dedication, determination and commitment that happens in the dark and cold depths of winter when nobody's looking.** Glory only comes from self reflection, when fatigue, pain and suffering is a lifestyle choice year round that is worn as a badge of honour only seen by you and that nobody ever notices. Think of the Brennan family racing down the M1, replacing their dining table for the back seat of a car in the middle of the night and early morning hours to attend training sessions on the GC before and after school, or the Green brothers battling freezing NSW winters to get ski and board fit for the world championships and their move to QLD. Think of EJ Forsyth fitting in gym sessions at 4:30am and flag and sprint sessions in the dark and cold of winter evenings because she's working full time at the hospital and studying full time in any spare minute available. Think of those in the squad who completed the morning swimming sets or run sets in the cold wind and rain after the craft sets. Think of the boat crews launching off the ramp in the pitch black year round with head lamps and thermos on. That's what is behind the lights, glitter, glory and success...it's not always sexy, it's not always enjoyable but it's always those who are willing to do what others aren't, knowing that the kilometres banked now, the sessions completed now, the pain and suffering now are the earned centimetres and millimetres and spring board required to win an Australian Championship in April.

♥ **Club culture, club pride, belonging, loyalty and friendship eats cash for breakfast.** In sports, "Culture" is thrown around a lot. It's usually started in a board room and shaped into something that can be pitched in an effort to have people act in a way the organisation wants. What does that really mean? Culture is the shared characteristics of a group of people, which encompasses social behaviours, individuals interactions, relationships and direction. Some cultures are widespread, and have a large number of people who associate themselves with those particular values, beliefs and practices. At Currumbin, that's us. We have this in its purest form. Culture is our currency. We have an organic feeling that being a Viking adds value to our lives in an intangible way. That it's more of a feeling than an adjective.



THE AUSSIES

A REFLECTION FROM HEAD COACH, KURT WILSON

It's the little things that give you tingles like when you hear the phrase "Mighty Mighty Vikings" bellowing around the beach, and knowing the phrase's origin. It's the feeling that you belong to something bigger than yourself. It's the feeling you get of shared success when the Club performs and the warm fuzziness of seeing your Club mates succeed. It's the emotion you feel when you race your heart out or scream your lungs out for the lifesaver relay teams side by side with all sections of the club knowing it means everything to everyone right then and there. It's the "hell yeah!" you naturally say when you get an update that the Chilli Pepperz have gone back to back.



Culture for all to see and Vikings to feel. On Saturday afternoon our Club culture was showcased in the most organic and authentic way imaginable. Without any formal communication 150+ Vikings gravitated to the beach front amphitheatre to support our beachies, our Viking clan intent on being apart of what might unfold, hopeful of witnessing something special and dedicated to supporting our beach Queen EJ as she embarked on winning her fifth straight Australian Beach Flags title. All sections of the Club were packed in and clapped, screamed and bellowed loudly. Our famous phrase echoing as One Club, all feeling proud that our barracking and cheering might just make the difference! As EJ's lifelong friends and lifelong Club mates Sam, Tim, and Matt literally stood in her corner holding towels, drink bottles, ice and red bull and with a contingent of 150 strong Vikings howling the amphitheatre roof off, EJ won Gold and etched her name in the record books earning her own slice of surf sports history...of course she did! What no one saw coming however was the sheer beauty of 150 Vikings chanting her name in unison, "EJ" "EJ" "EJ" bellowing and echoing across the foreshore that was fuelled by pride, passion and admiration. We were part of something bigger than ourselves, we were part of history, we were part of greatness! In this moment, it dawned on me that "Culture" eats cash for breakfast every day of the week. The currency we trade in at Currumbin can't be converted, it can't be bought, it can't be sold and it never runs out when you're a Viking. It's an unlimited line of credit and Vikings spend up large in whatever our endeavour.



THE AUSSIES

A REFLECTION FROM HEAD COACH, KURT WILSON

♥ **It takes a village to raise a Viking but true leadership is only thrust upon "Kings".** Over the last couple of seasons a new voice of wisdom has been heard. This Viking legend has spent many, many years working in the background doing whatever needed to be done, from working bees to age managing, fundraising, patrols, water safety, committee positions and everything in between. They've been driving culture without any intention other than making the Club better for others. They've been working tirelessly for years to ensure the success of the Club and the membership was the only option. This visionary Viking has spent years on the beach and in meeting rooms honing the skills to be successful and has this season emerged as a true "Viking King"...King Kurtis! Leadership and all that comes with it is a skill and honour that many people shy away from, but not Kings. Kings lead by example. Kings inspire others to achieve. Kings attract others to support the cause. Kurtis Smith has been the absolute backbone of this season and this Aussie's campaign, from driving processes and systems, logistics and infrastructure, information and compliance with culture at the forefront. King Kurtis is the people's champion of our 2023 Aussies!! He's the smiling workhorse who has been unwavering in his quest for success and excellence for our club.

Kurtis, thank you my friend. You're my Aussie's 2023 MVP.

Ko koe to ngakau me to wairua o tenei iwi. You are the heart and soul of this tribe.





Congratulations

TO ALL OUR
MIGHTY VIKINGS



If everyone is moving forward together,
then success takes care of itself.

HENRY FORD

#AUSSIES2023 #VIKINGSPIRIT #MIGHTYMIGHTY



SENIOR VOLUNTEERS

THANK YOU FOR THE 2022 / 2023 SEASON



Our Surf Boat Captain, **Dave Dwight**, has led our surf boat section this season like the Vikings Chieftan that he is. Dave has forged a culture within our boat crews which has set alight an unwavering support and championship mindset, achieving what has been one of the most successful surf boat seasons in Vikings history. Dave has been supported by his generals, the Sweeps, **Lyle Clark, Chookie Wildman, Glen Williams, Steve Purcell, Billy Psaltis, Bear Dowker** and **Wil McDowell** who constantly go above and beyond to support their crews. We have savoured the dominant performances of our boat crews this season and look forward to watching as the Vikings Boaties continue their conquests of the seas next year.



The Maori King and his Queen, **Kurtis and Kristy Smith** have been the backbone of so many of the events and competitions for our surf sports teams this season. As the Surf Sports Team Manager, King Kurtis has kept the team focused and organised. Both Kurtis and Kristy spend countless hours managing and administering the surf sports section, liaising with athletes, officials and volunteers. In so many ways, this dynamic duo is the key to our success. The Club will forever be in your debt for the time you give to us.



There are so many volunteers who help to keep the Vikings ship on course and live the values, **Vikings take responsibility and I always think 'one club' and 'team first'**. Thank you especially to **Chris Berezwick**, our Senior Gear Steward and one of our quiet achievers and to **Tara Cahill** for always being a calm and positive force. And of course, thank you to **Sharon Brennan** for her organisational skills and for being willing to have those **Genuine open and honest conversations**.



CBV NIPPERS

IT'S A RIPPER TO BE A CURRUMBIN NIPPER

AUSSIES - PERTH

What a special moment for our own Cal Fischer who was one of the media stars of the Aussies. Cal was officially the youngest competitor at this year's Aussies at 12 years of age and was photographed alongside the oldest competitor, Rob Watkins from Cottesloe SLSC, who is still going strong at 81 years of age.

A beautiful moment for Cal and Rob and an awesome memory for your first Aussie's outing.



NATIONAL KAYAKING CHAMPIONSHIPS - PERTH

We all remember the exciting moment Tommy Green won Gold at the Tokyo Olympics and we have another generation of athletes coming up to continue the Vikings kayaking legacy.

Congratulations to Joel and Daniel Maritz who competed at the National Kayaking Championships in Perth in late March. The boys took home a swag of medals each. Look out for these boys on surf skis in a few years and, who knows, Brisbane Olympics anyone?

Joel took Gold in the U12 K1 500m and Silver in both the K1 200m and K1 100m.

Daniel took Gold in the U10 K4 200m, Silver in the K2 200m and Bronze in the K4 Island.

The Teams also claimed two Silvers and a Bronze. Great work boys!





CBV NIPPERS

IT'S A RIPPER TO BE A CURRUMBIN NIPPER

THANK YOU NIPPERS

With the end of the Nippers season, we wish to thank all of our littlest Vikings for their participation, enthusiasm and teamwork displayed this year. It's easy to observe that our Nippers live the Vikings value "Never forget to have fun" as they race over the sand and through the water in their Sunday morning ritual. But it's also true to reflect that it's often our youngest Vikings who so effortlessly display the values of "Keep being a positive influence" and "Support and respect everyone". There is an unconscious joy that comes with being a child and the fundamentals of the Vikings Way are reflected in each and every one of our Nippers faces as they support their mates. Thank you to our next generation of Vikings who remind us all of what it means to be part of a team and the joy in belonging. We'll see you back in August for the next season!





CBV NIPPERS

JUNIOR ACTIVITIES COMMITTEE & VOLUNTEERS



Thank you to our Junior Activities Committee members and to all our volunteers who contributed to Nippers this season. We couldn't do it without you and look forward to another ripper season later this year.



We are pleased to confirm the recently elected members to the Junior Activities Committee for the upcoming Nippers season.

Chairperson: **Louise Waller**

Secretary: **Sarah Maritz**

Treasurer: **Bill Prendergast**

Registrar: **Elisha Damro and Jen Cross**

Education and Awards Officer: To be announced

Team Manager: **Sharyn Halliwell**

Gear Steward: **Richie Ferris**

Water Safety Officer: To be announced

Uniform Shop Officer: **Amber Hassall**

Social Director: **Amber Hassall**

Recorder: **Jane Moana**

Publicity Officer: **Kai Holmes (TBC)**

Clubhouse Caretaker: **Glenn Mayes**

Photographer: **Bill Prendergast**

EXPRESSIONS OF INTEREST

There are still some vacant positions on the Committee which we are looking to fill as soon as possible to start preparations for the coming season. If you would like to contribute to our Nippers programme and assist with managing our youngest generation of Vikings, please contact Chairperson, Louise Waller, directly on 0412 347 114 to discuss the requirements for each position and joining the team.

The following positions are available:

- Deputy Chairperson
- Kitchen / Canteen Officer
- Junior Liaison Officer
- Carnival Logistics Officer



THE COACHES

THANK YOU FOR THE 2022 / 2023 SEASON

As another summer surf sports season comes to an end, we wish to pay tribute and thank the people who support our competitors. To our senior and junior coaches who provide invaluable guidance, development and leadership to our athletes, we thank you. We're lucky to have some of the premier surf sports Coaches in the world to draw upon and we continue to see the benefit of their involvement with our Club.



Rachelle King joined the Vikings in 2021 from Terrigal SLSC. She has brought a fresh perspective and has really made a difference in the way she quietly builds great relationships based on mutual trust and respect. In particular, Rachelle has quickly become a role model for our female members.

Rachelle was recently selected to participate in a Women Leaders in Sport Program run by the Australian Sports Commission which aims to equip individuals with modern leadership techniques and offers insights into the sporting world, connecting women from all corners of the country. We're sure that Rachelle will imbue the Vikings with the skills she develops in the programme.



Kurt Wilson is our Head Coach who hails from the land of the long white cloud. We picked Kurt up at the airport fresh off the boat (well, plane) from NZ in 2014 and he's been a Viking ever since, embracing us as his Aussie tribe.

Kurt is a highly accomplished sports coaching professional who holds a Bachelor's degree focused on Sports Exercise and Health and Business Management. He has been the Head Coach of the Australian Lifesaving Team from 2017 to the present time, guiding Australia to World Championship wins in 2018 and 2022. He has been awarded the PDB Coach of the Year from 2018 to 2022, the SLSQ Coach of the Year in 2019 and 2021 and the SLSA Coach of the Year in 2019.

When he isn't at the Vikings or heading up the national team, Kurt is busy in his full-time role as the General Manager Sport, Brand, Membership and Enterprise at SLSQ.





THE COACHES

THANK YOU FOR THE 2022 / 2023 SEASON



Sam Dick was destined to be a Viking leader. Currently our Head Beach Coach for both the Senior and Junior athletes, at various times, Sammy has also previously been an integral part of our Supporters' Association Staff as a jack of all trades.

He has had an outstanding 2022 / 2023 season and has coached at all levels of surf sports from his role as Head Beach Coach at Currumbin to his appointed roles as Beach Coach with the Queensland Cyclones and as an Assistant Coach for the Australian Youth Lifesaving Team who went on to take out the overall point score and the 2022 Lifesaving Championships at Riccione.

As a Currumbin Nipper, Sammy has a strong pedigree on the sand with 7 Australian medals to his name. He is an active Patrol Captain and one of the true leaders of the Club.

Sammy is an extremely loyal and passionate Viking with a dedication to the Club that we are truly grateful for.



Zane Holmes, that name rings a bell? We have been privileged to have Zane as our Nipper Coach this season. Zane joined the Vikings as a Senior Ski Coach for the 2021/22 season and has transitioned to support our youngest Vikings this season, where his own children follow in his surf lifesaving footsteps.

Zane is one of the most decorated surf lifesaving athletes in the sport's history, representing Australia 13 times. He is a 6-time Queensland Ironman Champion, the 2004 Australian Ironman Champion and was the World Ironman Champion in 2004 and 2006. He won the prestigious Coolangatta Gold in 2006 and is a 5-time Nutri Grain Ironman Series Champion. Overall, Zane has won 22 Australian Gold medals spanning the breadth of events.

Zappa is an inspirational leader to have around the Club, with a wealth of surf knowledge, and has been a dedicated Coach for the Nippers this season. We're proud to count Zappa in our Vikings family.



CBV YOUTH & COMMUNITY

2023 SLSQ LIFESAVING DEVELOPMENT PROGRAM

Congratulations to our Currumbin Vikings who attended the recent SLSQ Lifesaving Development Program held at Tallebudgera Recreation Camp from 11th to 16th April.

Our members played various roles over the course of the week with Courtney Taylor (Education Coordinator), Ethan Wilson (IRB Content Expert), Isabella Danaher (Leader), Abbey Holyman (ECT

Content Expert) and Tai Smith (Participant) all contributing to the success of the camp in various ways. The Program focused on providing young people aged 16-20 years with a higher level of award training, and exposure to exciting, fast-paced, simulated, lifesaving scenarios. The program is also designed to enable the participants to take on more responsibility in the patrol teams, their Clubs and the wider community as they are trained to receive awards in First Aid, Advanced Resuscitation Techniques, IRB Crewperson and Silver Medallion IRB Driver. Well done Vikings!



2023 MCPHERSON COMMUNITY ACHIEVER AWARD

We congratulate Kurtis and Tai Smith who have been recognised with a McPherson Surf Lifesaving Community Achiever Award by the Hon. Karen Andrews MP, for their outstanding dedication and commitment to Surf Life Saving, the Currumbin Beach Vikings SLSC and the community.

It is great to see both members recognised for their tireless efforts and contributions. We have long known the value of having Kurtis and Tai as part of our Club and we're so pleased to know that the wider community have also acknowledged their commitment.



CBV PATROL & LIFESAVING

As each of our Patrol Groups attend their final patrols for the 2022/2023 season, we want to acknowledge the many volunteers who have kept our beach safe this season. It's unquestionable that many of us struggle to find time in an increasingly busy world and for all our patrol members who continue to do so on behalf of our Club and community, we are so grateful for your dedication.

Thank you as always to our Club Captain, Andrew McIntyre and our Lifesaving Administrator, Carole Walle. Both Andrew and Carole perform more hours and work than anyone truly sees, and it is a monumental task to manage and coordinate the patrolling members and ensure our award obligations are met each week.

We look forward to the next patrol season and warmly welcome our Nippers who will be graduating up to patrol later this year.



New IRB season. New IRB. Meet our newest boat 'Thor' who has been out patrolling the water and gearing up for the IRB racing season.

If you have your IRB Crew or IRB Drivers award and are interested in joining the fun, please get in touch with our office for more details and information about the competition team.

We'd also love to see Vikings supporters at the IRB series, particularly at Round 3 on 3 & 4 June on our home turf.

SHARKSKIN OCEAN ROAR IRB PREMIERSHIP SERIES

ROUND 1

TALLEBUDGERA SLSC

7 MAY 2023

COME DOWN TO SUPPORT OUR
IRB CREW MEMBERS
REPRESENTING THE MIGHTY
VIKINGS

A high octane competition and spectacle, IRB racing is a reinforcement of lifesaving skills simulating rescue situations and testing the abilities of drivers and crews as they're transferred to a competitive setting. Join us if you're up for the challenge.



CBV SUPPORTERS' ASSOCIATION

MARCH STAFF APPRECIATION AWARD WINNER

Congratulations to **Jade Seager**, our March 2023 Vikings Staff Appreciation Award Winner.

Jade was nominated by her peers for always being so thorough with her work, always having a smile on her face, and for being friendly and cheerful to all those around her. The team absolutely loves working with Jade.

Other special nominations this month went to:

- ♥ **Irish Tse** - for having a wonderful work ethic and always being polite and friendly to staff and customers.
- ♥ **Kenji Tokui** - for always giving 150% and for always supporting his team.
- ♥ **Nicole Liu** - for her outstanding skills in functions.
- ♥ **Tamar Tane** - for her organisation, motivation, for being so pleasant to all those around her, and for always having the Club at heart.



- ♥ **Riley Glasspole** - for always helping out and saying hello.
- ♥ **Stacey Johnson** - for her exceptional function planning and assisting all areas of the Club.
- ♥ **Owen Dwight** - for always being a team player and for always going above and beyond.

MEMBER BENEFITS

As well as supporting our Club and athletes, your Vikings membership includes:

- 10% discount in the restaurant
- Discounts at the bar
- \$10 voucher in your birthday month
- 2 for 1 members drinks on Friday
- Join us for Happy Hour





Congratulations!

NICOLE LIU

CELEBRATING 10+ YEARS AS A CURRUMBIN BEACH VIKING



This April marks 11 years since we welcomed Nicole Liu to the Vikings Supporters' Association team.

Nicole is one of our longest serving Food and Beverage Attendants and also assists within our Functions Team.

Nicole is a Viking through and through.

She epitomises the value I always have my fellow Vikings' back. She has been with the Club through some of our toughest periods and is passionate about her fellow Supporters' staff members and supporting her colleagues.

Nicole is the first to roll up the sleeves when the hard work is required. She has a cheekiness to her and a golden smile.

It's hard to imagine a day at the Vikings without her.

Congratulations Nicole and thank you for your years of service and dedication to the Club.

*Thank You
Nicole*





COMMUNITY CENTRE / NIPPER CLUB REDEVELOPMENT

APRIL-MAY PROGRESS UPDATE



The Vikings were recently announced as a successful grant recipient of \$35,000 worth of funding from the Gambling Community Benefit Fund. This funding will be used towards the construction of change room facilities in our new Nipper Club and Community Centre to cater for people with a disability.

Currumbin MP, Laura Gerber attended the Club to discuss the project and drop off some new marquees.

The Project team have completed the rear retaining wall backfilling and are 80% progressed on the level 1 structure. The roof has also been installed on the building.

Works onsite are currently 4 weeks behind schedule based on the original contract date compared to the current target date. Practical Completion is forecasted for 30 June 2023.





CBV POOL RESCUE

2023 POOL RESCUE SEASON

The Vikings have a proud history in the pool and boast some of the most exceptional and medalled Pool Rescue athletes in the World.

Pool rescue competition has gone from strength to strength, with competitors testing their rescue skills with events including manikin tows and carries, obstacle swims, line throws, tube swims carrying patients and team events. Pool rescue skills have become essential for athletes in consideration to be selected for Australian surf lifesaving teams, enhancing the importance of these skills for surf lifesaving competitors.

The first competition this season will be the Gold Coast Championships on 27 May 2023. The QLD State Championships will be held in Cairns on 22 and 23 July 2023, with the Australian Championships being held from 4 to 6 August 2023 at the Southport Aquatic Centre, Gold Coast.

Vikings pool rescue training will commence from Monday, 8 May at 6pm at the Miami Aquatic Centre. See you all there!



POOL RESCUE

Program Information

2023 Season

who, when, where...

- Age groups: U11's - Opens
- Time: 6:00pm - 7:15pm
- Pool: Miami Aquatic Centre
- Days: Monday & Wednesday
- Starting: Monday 8th May



CURRUMBIN BEACH VIKINGS
SURF LIFE SAVING CLUB

Nightly Dinner Deals

AVAILABLE FROM 5PM

MONDAY & WEDNESDAY NIGHTS

\$15 MEALS

200 GRAM RUMP

BEER BATTERED FLATHEAD

CHICKEN SCHNITZEL

\$5 PARMY UPGRADE

TUESDAY & THURSDAY NIGHTS

2 FOR 1 MEALS

\$30 FOR 2 OF THE FOLLOWING MEALS

200 GRAM RUMP STEAK

BEER BATTERED FLATHEAD

CHICKEN SCHNITZEL

SALT & PEPPER CALAMARI

VEGETARIAN PASTA OF THE DAY

VIKINGS SUPERFOOD SALAD

\$5 PARMY UPGRADE



ALL SERVED WITH CHIPS & SALAD (EXCEPT PASTA OF THE DAY & VIKINGS SUPERFOOD SALAD) |
CHOICE OF SAUCE + \$2 | NOT VALID PUBLIC HOLIDAYS | MASH & VEG ADDITIONAL \$3 |
SUBJECT TO AVAILABILITY | ONLY AVAILABLE AT SELECTED TIMES THROUGHOUT THE YEAR |
IMAGES FOR ILLUSTRATION PURPOSE ONLY.



CURRUMBIN BEACH VIKINGS
SURF LIFE SAVING CLUB

The Best Sunday Session on the Gold Coast!

MAY LIVE MUSIC

Sundays from 3.30pm

7TH - CAPTAIN WOW

14TH - IS MAN KIND

21ST - REWIND

28TH - MOJO RISING



COURTESY BUS - 0408 643 015

0755 342 932 | www.currumbinslsc.com.au | reception@currumbinslsc.com.au





CURRUMBIN BEACH VIKINGS

SURF LIFE SAVING CLUB

NEWSLETTER CONTRIBUTIONS

If you would like to contribute to the monthly newsletter or if you have any information, upcoming events, milestones, celebrations or examples of members living the Viking's Way and culture, please send an email with details and any photos to Benny Munro at culture@currumbinslsc.com.au.

If you, or someone you know, would like a print copy of this month's Newsletter posted to you, please send an email to culture@currumbinslsc.com.au. We can organise print copies on a once off or regular basis.

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BPG DEVELOPMENTS **CURRUMBIN RSL**

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