

# **Welcome to Currumbin Nippers**



**Currumbin Beach Vikings Surf Life Saving Club Junior Activities Information Booklet 2023-2024** 

## A WELCOME MESSAGE FROM THE JUNIOR ACTIVITIES COORDINATOR

Welcome to Currumbin Beach Vikings Surf Life Saving Club's Junior Activities (Nippers) program for 2023-2024. On behalf of the Club Council, I would like to welcome our returning and new junior members together with your families to the 2023 – 2024 Nipper season. The Club holds our Nippers program in the highest regard and throughout our long history we are extremely proud of our results in educating our junior members in surf safety and awareness together with fostering future patrolling Life Savers and Surf Life Saving competitors.

The Nippers program is designed to introduce children aged between 5-14 to surf lifesaving. It is a fun outdoors activity that grows a child's confidence and teaches valuable surf awareness skills. Our aim is to provide a safe, family-friendly and fun environment for our Nippers. I believe that all kids living on the coast should be equipped with the best skills and knowledge for safe use of our Australian beaches. Our Nippers today are the next generation of Surf Lifesavers.

We are most fortunate to have a highly motivated Junior Activities Committee. We hope to again deliver to our members in 2023-2024 a Nipper program of the highest quality.

In that regard there are a variety of roles in which we can all help spread the workload amongst our volunteer parent workforce. So can I again welcome you all, and encourage you all to lend a hand whether it be as an Age Manager, Water Safety Supervisor, IRB Driver, Official or general workforce at our Nipper days or carnivals to ensure that we can deliver the best service possible back to our membership.

Please take the time to read this booklet thoroughly as it is a wonderful source of information for the 2023/2024 season. I hope you find your season rewarding, fun, productive and that you all enjoy a safe and successful Nipper Season.

#### Louise Waller - 2023/2024 JAC President



## A WELCOME MESSAGE FROM JACKSON MAYNARD

Firstly, I would like to start with saying a big Welcome or Welcome back to our Currumbin Nipper Club for season 2023/2024.

Being part of the Currumbin Beach Vikings Surf Club has been such an inspiration in my life so far that I'd like to share a snapshot of why I started Nippers at Currumbin. My first memories are of the little old nipper club with rickety stairs, wooden floors and a massive kitchen. When I started at Nippers, I knew a few kids from school, but we basically had no teams. But every Sunday morning we'd meet our friends and go through the circuit of Nipper activities. My football friends decided they'd check out what we did in summer, so I had a few friends join up about the age of eleven. The nipper community have trips away, carnivals, sleepovers and camps. I am, and so are many of the senior club Competitors thrilled to see our Nippers achieving, whether it be through competition or being involved in the lifesaving side of the Currumbin Beach Vikings. Our Sunday times on the beach formed family friendships that to this day remain in our lives.

We learnt so many skills playing in the surf and through our inspirational coaches. Training after school gave me something to look forward to other than homework. As a nipper you transition from running around the beach and playing to becoming a skilled youth who if needed could save or assist in helping save a life. Without knowing as a Nipper, you are taught how to handle the conditions of the ocean through play and training. Every child growing up around water should be taught some of the skills you learn at Nippers. I may aspire to be the best Ironman in the world but being in teams with my mates always holds a high place in all my memories. Nippers gave me so many life lessons, instilling that if I could achieve as an athlete that I could also put that into schoolwork or employment.

I have travelled to many countries and states now with Lifesaving as an ocean athlete and have met many like minded families and people who would like to have grown up where I have. Currumbin Nippers is a platform to create a lifestyle of friendship, achieving and being actively involved in a community group.

Our Club is so unique that we have two clubhouses the Little House (Jnr) and the Big House (snr), but we are all one community of the Currumbin Beach Vikings. I hope you enjoy your time with this amazing club as much as I have.

See you on the beach!



## **CURRUMBIN JAC STRUCTURE 2023/24**

**Louise Waller** 

JUNIOR CHAIRPERSON

**Bill Prendergast** Treasurer

TBC Deputy Chairperson Sarah Maritz

Secretary

Jen Cross

Registrar

Elisha Damro Registrar

Sharyn Halliwell

Team Manager

Steven Cahill

Education and Awards

**Richie Ferris** 

Gear Steward

Kai Holmes

Publicity Officer

**Lindy Masson Publicity Officer** 

**Amber Hassell** 

Social Director

**Amber Hassall** Uniform Officer

TBC

Water Safety Officer

Glenn Mayes

Clubhouse Caretaker



**TBC** 

Junior Liaison Officer



## **Currumbin Nippers Age Managers** 2023/2024

**U/6** 

**U/7** 

**U/8** 

U/9

U/10

NICKY WILDMAN

- MICHAEL BUCHANNAN ELLIOTT DOWKER
- KATE MACE

- CHELSEA GODSON
- GLENN SHEARER
- CLARE GODSON
- ALYSON MCINTYRE
- TROY BREMNER
- MICHAEL WOODLEY

U/11

U/12

U/13

U/14

- SARAH MARITZ
- GEORGIA LIUSSI
- JARON WINTER
- LOUISE WALLER
- KATE O'SHEA
- GILES HASSALL
- BEN MCCABE
- BROOKE HANSON CLARKE
- RENAE STRINGER
- JENIFER FISCHER
- JARED CLARKE

## PARENTAL INVOLVEMENT AT NIPPER DAYS

At Least One parent per child must become a member of the Club and provide assistance for children to participate in the Nipper Program. Tasks such as Age Group Managers and assistants, fundraising activities, carnival officials, beach set up/pack down and BBQ duties are all vital for the program to run at its full potential. Volunteers are also needed for specific activities, mid-week training, surf carnivals and Nipper Sundays. It is of great importance that the subcommittee has a depth of personnel to call on during the Nipper season. How can you become involved?

#### **Officials**

An official role is either judging, marshalling competitors, presenting medals, recording results or starting races at carnivals that the Currumbin SLSC Nippers attend. The Club is required to provide an Officials Ratio of 1 Official for every 10 members entered in the carnival 1:10. This season there will be 5 Officials courses run by SLSQ Point Danger Branch (our parent body). These will be run on the following dates at the following venues;

22.08.2023	Officials Course	PDB Office	6.00pm
27.09.2023	Officials Course	PDB Office	6.00pm
11.10.2023	Officials Course	PDB Office	6.00pm
08.11.2023	Officials Course	PDB Office	6.00pm
19.11.2023	Officials Course	PDB Office	8.00am
16.12.2023	Officials Course	PDB Office	8.00am

If you are able to attend these courses please email nippers@currumbinslsc.com.au

### **Water Safety**

Water safety officers mainly spend their time in the water on Nipper Sundays and carnivals either on rescue boards, swimming with tubes/fins or being markers and monitors for the wade and swimming races. A Surf Rescue Certificate or Bronze Medallion is required to be a Water Safety officer.

#### New Award Holder Candidates - SRC Award

### Course 1: School holiday program

25 <sup>th</sup> September 2023	SRC Training Day 1	Currumbin SLSC	8.00am – 2.00pm
26 <sup>th</sup> September 2023	SRC Training Day 2	Currumbin SLSC	8.00am – 2.00pm
27 <sup>th</sup> September 2023	Assessment	Currumbin SLSC	8.00am – 2.00pm

<sup>\*</sup>Presentation of uniforms will occur after the assessment at approximately 12:30pm.

## Course 2: November/December weekend program

25 <sup>th</sup> November 2023	SRC Training Day 1	Currumbin SLSC	8.00am – 2.00pm
26 <sup>th</sup> November 2023	SRC Training Day 2	Currumbin SLSC	8.00am – 2.00pm
2 <sup>nd</sup> December 2023	Assessment	Currumbin SLSC	8.00am – 2.00pm

<sup>\*</sup>Presentation of uniforms will occur after the assessment at approximately 12:30pm.

#### New Award Holder Candidates - Bronze Medallion Award

#### Course 1: school holiday program

25 <sup>th</sup> - 30 <sup>th</sup> September 2023	Theory, CPR & First Aid	Currumbin SLSC	8:00am – 2:00pm
21 <sup>st</sup> & 22 <sup>nd</sup> October 2023	Weekend 1	Currumbin SLSC	8.00am – 4.00pm
28 <sup>th</sup> & 29 <sup>th</sup> October 2023	Weekend 2	Currumbin SLSC	8.00am – 4.00pm

<sup>\*25/09/2023-30/09/2023 (</sup>assessment) 8:00am until 2:00pm. Presentation of uniforms will occur after the assessment at approximately 12:30pm. First aid course on the 28/09/2023.

Course 2: November/December weekend and mid-week program

23 <sup>rd</sup> November 2023	Induction & First Aid	Currumbin SLSC	5:30pm – 9:00pm
25 <sup>th</sup> & 26 <sup>th</sup> November 2023	Weekend 1	Currumbin SLSC	8.00am – 2.00pm
30 <sup>th</sup> November 2023	First Aid Course	Currumbin SLSC	5:30pm – 9.00pm
2 <sup>nd</sup> – 3 <sup>rd</sup> December 2023	Weekend 2	Currumbin SLSC	8:00am-2:00pm
10 <sup>th</sup> December 2023	Assessment	Currumbin SLSC	8:00am-2:00pm

<sup>\*</sup>Presentation of uniforms will occur after the assessment at approximately 12:30pm.

Course 3: TBA- possibly February if there is interest.

**Existing Award Holders** - SRC/Bronze Medallion Proficiency Dates for those members already holding a Bronze Medallion or SRC Award the Club will be running proficiencies to remain accredited with these awards on the following dates:

20 <sup>th</sup> August 2023 Trainer/Assessors ONLY		Currumbin SLSC	08:00am
26 <sup>th</sup> August 2023	6 <sup>th</sup> August 2023 SRC/Bronze Proficiency 1		08:00am
24 <sup>th</sup> September 2023 SRC/Bronze Proficiency 2		Currumbin SLSC	09:00am
21 <sup>st</sup> October 2023 SRC/Bronze Proficiency 3		Currumbin SLSC	09:00am
19 <sup>th</sup> November 2023	SRC/Bronze Proficiency 4	Currumbin SLSC	09:00am
9 <sup>th</sup> December 2023	SRC/Bronze Proficiency 5	Currumbin SLSC	09:00am

## AIMS OF CURRUMBIN SLSC NIPPER ACTIVITIES

### The aims of Currumbin SLSC Nipper activities are to:

- Promote and teach safe participation and enjoyment of Australian waterways through education in all aspects of water safety, personal survival, aquatic competitions, lifesaving and resuscitation.
- Promote fun and enjoyment in the water and beach activities.
- Encourage children to develop finely tuned water skills through education classes, competitions and Surf Lifesaving activities.
- Encourage long term involvement with the Surf Lifesaving movement. Nipper Sundays are the foundation from which we build our basic surf and competition skills along with awards and accreditations such as the Surf Rescue Certificate.

#### Structure

Each age group has an Age Manager. The Age Manager is responsible for the education, training and organisation of the group. The coaches of water and beach activities have overall control of the mid-week training sessions. The Currumbin Junior Activities are run by the Junior Activities subcommittee (JAC) which meets on a monthly basis to discuss future planning and current operations.

## **MEMBERSHIP FEES & AGE CATEGORIES**

Age Group	Age as at Midnight 30 September 2023
Under 6	5 years
Under 7	6 years
Under 8	7 years
Under 9	8 years
Under 10	9 years
Under 11	10 years
Under 12	11 years
Under 13	12 years
Under 14	13 years

U6 & U7 Member: \$75 U8 – U10 Member: \$120 U11 – U13 Member: \$140 Active/Award Parent Member: \$80 Associate Parent Member: \$130

Please note: For insurance purposes, at least one parent/guardian MUST join as Associate or Active/Award Member and hold a Working with children check Blue Card, before children are eligible to join in Nipper activities. Associate membership entitles you to entry to the Surf Club Bar and Restaurant (your Membership card must be produced upon entry) and coverage under the Clubs insurance policy. Information on obtaining a Blue Card as well as a form can be found later in this guide.

An Active member holds a Bronze Medallion or Surf Rescue Certificate and patrols the beaches or competes at a senior level.

An Award member holds a SLSA award. E.g. Surf Sports Official, Age Manager, First Aid Officer, IRB Driver/Crew

## **POOL SWIM COMPETENCY**

Every child participating in nippers MUST complete a still water pool evaluation. It must be emphasised that we do not teach children to swim. Children must be competent and be able to swim for distances listed below:

			-1.1	
Child Name:		Age Group	: Club:	
	Instructions for Evaluati	ion: Based on the child's age group, please en	sure they can complete the tasks outlined in the table	e below.
Age Group	Flotation	Submersion	Propulsion	Task Complete/Comments
Under 6	Back or front float for a minimum of 5 seconds and recover to stand.		From standing position in waist deep water, perform a front glide (1-2 metres) & recover to stand.	
Under 7	Back or front float for a minimum of 10 seconds and recover to stand.	Submerge to touch the bottom with hands.	From standing position in waist deep water, perform a front glide (2-3 metres) & recover to stand.	
Under 8	Back or front float for a minimum of 15 seconds, recover to stand.		Swim on front any stroke (distance 20 metres) followed by a swim underwater (distance 2-3 metres)	
Under 9	Front to back float or back to front float – 5 seconds each side. Tread water and/or any	Submerge to touch the bottom with	Swim in front through water any stroke for 25 metres followed by survival stroke(s) breaststroke and/or sidestroke and/or back sculling for minimum 10 metres.	
Under 10	stroke sculling for a minimum of 1 minute.	hands.	Swim on front through water any stroke for 25 metres followed by survival stroke(s) breaststroke and/or sidestroke and/or back sculling for minimum 25 metres.	
Under 11	Front to back float or back to front float, 5 seconds each side. Tread water and/or any stroke sculling for minimum 2 minutes.	Submerge to perform forward or backward roll/somersault underwater, recover to surface, submerge to touch the bottom with hands.	Swim on front through water any stroke for 25 metres followed by survival stroke(s) breaststroke and/or sidestroke and/or back sculling for minimum 50 metres.	
Under 12	Front to back float or back to	Submerge to perform forward or backward roll/somersault underwater,	Swim on front any stroke for 75 metres followed by survival stroke(s) breaststroke and/or sidestroke for minimum 50 metres.	
Under 13	front float – 5 seconds each side. Tread water and/or any stroke sculling for minimum 3 minutes.	recover to surface, submerge to touch the bottom with hands.	Swim on front any stroke for 100 metres followed by survival stroke(s) breaststroke and/or sidestroke for minimum 50 metres.	
Under 14		Submerge to perform forward or backward roll/somersault underwater, do not recover to surface, submerge to touch the bottom with hands.	Swim on front any stroke for 100 metres followed by survival stroke(s) breaststroke and/or sidestroke for minimum 100 metres.	

## **RUN SWIM RUN COMPETENCY**

JAAO/Surf Coach/ Bronze Assessor Name: \_\_\_\_\_\_ Date Witnessed: \_\_\_

JAAO/Surf Coach/ Bronze Assessor Signature: \_\_\_\_

Surf Life Saving Australia has developed a standard of competency that a junior active member must achieve before being allowed to participate in water-based junior activities.

All children must successfully complete a run swim run competency before being allowed to participate in water-based nipper activities.

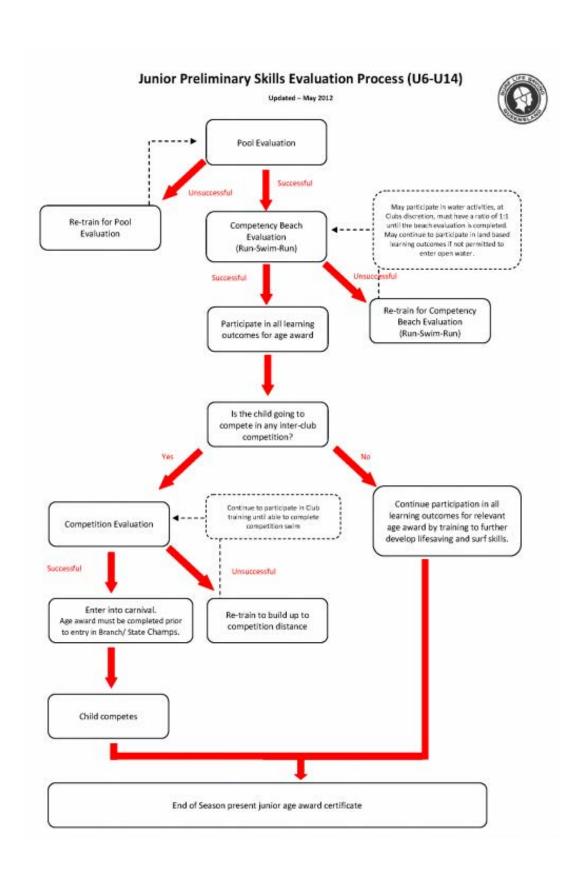
AGE GROUP	COMPETENCY TEST
UNDER 8	RUN 25m – WADE 25m - RUN 25m
UNDER 9	RUN 50m – SWIM 50m – RUN 50m
UNDER 10	RUN 50m – SWIM 50m – RUN 50m
UNDER 11	RUN 50m – SWIM 100m – RUN 50m
UNDER 12	RUN 50m – SWIM 100m – RUN 50m
UNDER 13	RUN 100m – SWIM 100m – RUN 100m
UNDER 14	RUN 100m – SWIM 100m – RUN 100m

## **COMPETITION COMPETENCY**

The competition competency must be completed in order to participate in any interclub competition. The competition competency is in addition to the pool swim and the run swim run proficiency. The distances are:

AGE GROUP	COMPETENCY TEST
UNDER 8	RUN 25m – WADE 25m - RUN 25m
UNDER 9	MINIMUM 150m OPEN WATER SWIM
UNDER 10	MINIMUM 150m OPEN WATER SWIM
UNDER 11	MINIMUM 288m OPEN WATER SWIM
UNDER 12	MINIMUM 288m OPEN WATER SWIM
UNDER 13	MINIMUM 288m OPEN WATER SWIM
UNDER 14	MINIMUM 288m OPEN WATER SWIM

## WHAT SKILLS DOES MY CHILD NEED TO BECOME A NIPPER?



## **HOW WILL MY CHILD'S SKILLS BE EVALUATED?**

## Junior Preliminary Skills Evaluation Process (U6-U14)



Updated - May 2012

The distances below are the standard. Some Branches may set distances above the standard. Please ensure that you liaise with your respective Branch to meet their standard.

	Preliminary Evaluations			
	Pool Evaluation	Competency Beach Evaluation (Run-Swim-Run)	Competition Evaluation	Age Award
Under 6	Kick on wall with face in water 30 second float	Nil (shallow water activities only)	NA (No Competition)	Surf Play 1
Under 7	Torpedo (push off wall) with face in the water 30 second float	Nil (shallow water activities only)	NA (No Competition)	Surf Play 2
Under 8	25 metre swim (freestyle) 1 minute survival float	25m-25m-25m Run-Wade-Run	Run - Wade - Run (25m x 25m x 25m)	Surf Aware 1
Under 9	50 metre swim (freestyle) 1 minute survival float	50m-50m-50m Run-Swim-Run	Minimum 150m open water swim (competition course distance as per competition manual)	Surf Aware 2
Under 10	50 metre swim (freestyle) 1.5 minute survival float	50m-50m-50m Run-Swim-Run	Minimum 150m open water swim (competition course distance as per competition manual)	Surf Safe 1
Under 11	100 metre swim (freestyle) 2 minute survival float	50m-100m-50m Run-Swim-Run	Minimum 288m open water swim (competition course distance as per competition manual)	Surf Safe 2
Under 12	100 metre swim (freestyle) 2 minute survival float	50m-100m-50m Run-Swim-Run	Minimum 288m open water swim (competition course distance as per competition manual)	Surf Smart 1
Under 13	150 metre swim (freestyle) 3 minute survival float	100m-100m-100m Run-Swim-Run	Minimum 288m open water swim (competition course distance as per competition manual)	Resuscitation Award is a pre-requisite to Surf Smart 2
Under 14	200 metre swim (freestyle, in less than 5 minutes) 3 minute survival float	100m-100m-100m Run-Swim-Run	Minimum 288m open water swim (competition course distance as per competition manual)	Surf Rescue Certificate
Assessor	Bronze Accred Swim Coach; OR SLSA Level 1 Surf Coach; OR AUSTSWIM Instructor; OR Assessor (SRC/Bronze).	Assessor (SRC/Bronze)		
Notes	Every junior member must successfully Complete the Pool Evaluation, prior to undertaking competency beach evaluation. This is a standard water proficiency requirement.	Every junior member must successfully complete the Beach Evaluation prior to undertaking the competition evaluation.  Any child that does not meet the required evaluation level will require a higher level of supervision when involved in water based activities.	The competition evaluation must be achieved before being eligible to compete in inter-club competition. This is a standard open water proficiency requirement. Distances may be adjusted by the Chief Assessor dependent on risk assessment.	If a child wishes to compete in a Branch and/ or State Championship event, their respective age award must be completed prior to close of nominations.

## **SUNDAY NIPPERS AT CURRUMBIN SLSC**

Each Sunday begins with a short meeting on the sand near the senior clubhouse at 08.15am. All children and parents/guardians are required to attend these meetings for a brief on the day's activities.

After the 08:30am briefing, all children are to line up in their age groups on the beach behind their specific age group flag. The Age Managers will then record attendance and sign the children in. Parents MUST then check the parent help roster to see what role they have been assigned for the session. Parents who have not been listed as being required for assistance MUST remain at the beach for safety reasons (in accordance with SLSA Policy).

Once signed on, the Nipper must place and secure their Nipper cap on their head and then assemble with their age group manager to their first rotation.

Any child, who arrives to sign on without a Parent/Guardian present, unfortunately will not be able to participate in the morning's activities. No child should be left on the beach unsupervised by a Parent/Guardian.

Age Managers require assistance in water safety and teaching the children skills. At least one parent is required to be present at all times and MUST hold a Blue Card. However, only water safety officers can assist with water activities. Assistance is also required with starting races, recording results, finishing races and helping to co-ordinate groups. These helpers do not need to be water safety to help out.

Once the parent/guardian has signed their child out at the end of the session, the Nipper can then remove their cap. For U6 & U7 age groups the finishing time is approximately 10.00am. For U8 - U14 age groups the finishing time is approximately 10:30am, subject to the day's activities.



## **UNIFORMS**

The uniform shop will be open from 7:00am till 8.00am on nipper Sundays. All nippers **MUST** wear a nipper cap and a **hi-vis pink rashie** at **ALL** trainings, nipper days and carnivals. This is a SLSA policy and MUST be adhered to. (U6 & U7 only need to wear the nipper cap as the compulsory item).

As part of the membership fee for U8 – U14 this season, you will receive a hi-vis pink rashie. The uniform shop also stocks swimwear, hats, towels, rash shirts and caps. The first nipper day will be very busy so if you intend on purchasing uniforms on the first day, please arrive early.

## **Social Media**

As a member of Currumbin Nippers it's important to keep up to date with events, programs and information throughout the season.

Please search for Currumbin SLSC Nippers on Facebook, and "like" our page.

You will also need to search for **Currumbin Nipper Members**, and request to join our private members page (you will be asked to confirm that you are a parent or guardian of a current member of Currumbin Nippers). Here you will find information FOR ALL AGES regarding Sunday Nippers, training programs, carnival entries and any special events throughout the season. We will also share our photographers' photos on this platform. If you do not have access to Facebook, we will also share this information on TEAM APP (please see below).

You can also follow and tag us in your photos on Instagram @currumbin\_nippers where we will share fun photos promoting our nipper club.

Please email the nipper club or speak to a Committee Member if you would not like your child's photos shared on social media.



### **Currumbin Nipper Members** >

Private group · 272 members







## **VOLUNTEERS**

Each week nippers is made possible by the dedicated work of volunteers. From the club president, committee, age managers, kitchen staff and the ladies in the uniform shop, to our wonderful carnival officials and water safety personnel. They say that "many hands make light work", but all too often the same people are volunteering each week. There are plenty of ways you can help, such as setting up the beach on Sundays, help in the Kitchen, helping to assemble kids, starting races, marking results and packing up. Nippers should finish around 10am-10:30am (depending on the size of your age group), at this time please help pack up any of the equipment - flags, poles, boards, body boards, and tents. All equipment gets loaded in the trailer and then taken over to the clubhouse to be cleaned off and put away - help in any of these areas is much appreciated.

There will be a weekly roster for each age group every Sunday which will involve setting up the beach and helping in the kitchen and Clubhouse, so please pitch in when it's your turn. For beach set up, please meet at the clubhouse at 7:00am and then help after nippers to pack up.

For kitchen duty, we require 3-4 parents to help. If everyone pitches in when it's their turn you may only end up doing kitchen duty once for the season. This is not a big ask so please help out when you can. Meet in the kitchen at 7:30am to start prep and then you will need to stay for the duration of nippers to make the food and then stay to serve the food after or work in the drinks kiosk. The BBQ after nippers has become a huge fundraiser for our club over the years but it is only possible if we get the help from parents.

As mentioned earlier, we need water safety and officials to be able to conduct nippers and compete at carnivals. We require at least one water safety person per five nippers, so if you would like to swim with the kids, please sign up for water safety. We need 1 official per 10 competitors for EVERY carnival. Currumbin Nippers encourages all kids to compete and 'have a go' at carnivals, but to do this we need to have more officials. If you are interested or would like some more information about these courses, please email us on <a href="mailto:nippers@currumbinslsc.com.au">nippers@currumbinslsc.com.au</a>
The club will cover the cost of these courses. We need at least another 20 officials and Water Safety this season.

## **CLUB POINT SCORE DAYS**

Point score days are our club's internal carnival days. It's an opportunity for members to compete in a carnival-like atmosphere amongst their own age groups. We generally schedule in 2-3 days on our calendar for point score days but only your best scores from 2 of the days will go towards your tally. The points accumulated from these days will be added together to achieve the Male & Female Club Champions for each age group (U8 – U14). Awards will be given for 1<sup>st</sup> place age champion, Most Improved and an Age Managers Awards? The events held are the same as the events held at SLS carnivals according to each age group. The points are awarded depending on your place in each event as follows:

1 <sup>st</sup> place	8 points
2 <sup>nd</sup> place	7 points
3 <sup>rd</sup> place	6 points
4 <sup>th</sup> place	5 points
5 <sup>th</sup> place	4 points
6 <sup>th</sup> place	3 point

To be eligible for Age Champion, you must have attended at least 75% of nipper Sundays during the season. In the case of a tied result, the Age Champion trophy will be shared.

## **END OF SEASON AWARDS**

At the end of every season we will hold a nipper presentation day where we will recognise the outstanding achievements of our nippers. The purpose of these awards is to not only recognise achievements but to encourage and promote future involvement in the nipper program. Each season we nominate someone for the following awards:

- Dimity Goss Top Female Water Competitor U11 U14: this is based on carnival points from the season
- Maynard Top Male Water Competitor U11 U14: this is based on carnival points from the season
- Col Alchin Top Female Beach Competitor U11 U14: this is based on carnival points from the season
- Quinnell Top Male Beach Competitor U11 U14: this is based on carnival points from the season
- Shearer Most Individual Carnival Points U11 U14: this is based on carnival points from the season
- Grant Frost Top Surfing Competitor U11 U14: this is based on carnival points from the season
- Brett Dowker Top Pool Rescue Competitor U11 U14: based on carnival points from the season
- Bruce Smith Memorial Trophy for the "battler": decided by JAC & coaches
- Dick Family Club Person of the Year: decided by JAC
- Bendigo Bank Future Champion U8 U10: decided by JAC
- Presidents Trophy: decided by Junior Activities Chairman
- The Jed Cahill Leadership & Culture Award U11-U14 decided by JAC
- Ray Fien Ripper Nipper Award U8-U10 decided by JAC
- Volunteer of the Season: decided by JAC
- Male & Female Age Champion for each group U8 U14: the top point scorer this is based on your best 2 point score day results
- Age Managers award for each age group U8 to U14 Most improved & Age Managers award

## **CLUB CAPTAINS & VICE CAPTAINS**

Each season a male and female club captain and a male and female vice captain are elected to lead the nipper club. This process is usually done in the first few weeks of nippers. The nipper Club Captains are role models for the

nippers and will make themselves available to contribute to activities throughout the season and represent the club as required. The criteria for the application process can be found at the end of this document.

## **SURF EDUCATION CERTIFICATES (AWARDS)**

Each Nipper member has a yearly Award to obtain prior to advancing to their next year level. They will learn and demonstrate the required skills on Nipper days. These awards must be obtained prior to 31st December each year.

Age	Award Name	Aims			
U6	Surf Play 1	Introduction to Surf Play			
U7	Surf Play 2	*Beach activities with an emphasis on games and group participation			
		*Water activities limited to shallow water near the water's edge			
		*No competition other than that involved in fun games			
U8	Surf	Introduction to Surf Awareness			
	Awareness 1				
U9	Surf	*Recall surf awareness information and basic emergency care procedures			
	Awareness 2	*Perform introductory self rescue skills and has completed run-swim-run			
U10	Surf Safe 1	Introduction to Surf Safe			
U11	Surf Safe2	*Apply surf awareness information. Provide emergency care			
		*Communicate in the beach environment. Has completed run-swim-run			
U12	Surf Smart 1	Introduction to Surf Smart			
U13	Surf Smart 2	*Apply surf awareness information. Provide emergency care			
		*Operate communication systems & equipment. Has completed run-swim-run			
	Resuscitation	*Demonstrate resuscitation skills by;			
	Certificate	-Assessing an unconscious patient by checking for danger			
		-Assessing patients airway & breathing. Assessing patient response			
		-Identify 'signs of life'. Work in a team			
U14	Surf Rescue	*Apply surf awareness information. Provide emergency care.			
	Certificate	*Operate communications systems & equipment. Work in a team			
		*Communicate in the beach environment. Has completed run-swim-run			
		*Participate in an aquatic rescue operation			
		*Demonstrates resuscitation skills			
		This SRC award is compulsory if members wish to compete beyond this age into the Senior			
		Club and to fulfil their patrol obligations			

As these surf lifesaving awards are delivered on nipper Sundays, it's important for your child to attend regularly so they are not missing out on vital lessons or any aspects of these awards. It is the parent and nipper's responsibility (not the age manager) to ensure any missed education is caught up prior to Dec 31<sup>st</sup>. If your child is intending on competing at Branch or State level, they must be signed off for these awards by Dec 31<sup>st</sup>. Please ensure attendance is maintained to avoid disappointment. All nippers who gain their SLS award will receive a certificate at the end of the season.

U14's will gain their SRC (Surf Rescue Certificate) as part of their SLS award. This involves attending a 3-day course run by our Education Officer with a test at the end. At completion of their SRC, they will get their patrol uniforms and then be put in a patrol group by the senior club where they will learn the skills involved and become patrolling members of our magnificent Currumbin beach. If any U14's then wants to compete at a national level at the Australian Youth Titles, they will need to ensure they have met the required number of patrol hours in order to compete. Gaining their SRC will set them up for transition into the Senior Club the following year where they will work towards gaining their Bronze Medallion for Currumbin SLSC and then subsequently entitle them to be active members of the senior club from U15's on.

## **COMPETITION (CARNIVALS) at CURRUMBIN SLSC**

Surf Sports carnivals are an opportunity for nippers to compete against other nippers from other clubs. It should be noted that carnivals are not for all nippers. It is up to the children and their parents to understand the events they are entering and have clear expectations of what is involved in entering carnivals.

U8 - U14 age groups compete at carnivals. There are no competitions for U6 & U7 age groups. Any nipper who has completed their competition level run-swim-run can compete, however he/she must obtain his/her age award before competing at Branch or State.

The Surf Sports program offers a wide range of competition events, such as beach based, surfing and pool water events along with events such as R&R, March Past and multi skill events such as first aid and champion lifesaver.

Carnivals are mainly held on the Gold Coast, with some travel required for major championship events. In 2024 the QLD State Youth Championships will be held at Burleigh Heads. Currently the following carnivals are on the calendar for 2023/2024.

Carnival Name	Carnival Date	Host Club/Venue	
PDB Interbranch Selection Trial	16.09.2023	TBC	
State Enduro Champs U11-U14	30.09.2023	Alexander Headland	
Coolangatta Gold	14.10.2023 & 15.10.2023	Coolangatta SLSC	
QLD Beach Series Round 1	28.10.2023 – only u15-open	TBC	
Gold Coast City Titles U11 – U14	04.11.2023 & 05.11.2023	South Coast Branch	
U8-u10 Teams	11.11.2023	TBC	
Interbranch Champs	25.11.2023 & 26.11.2023	South Coast Branch	
Little Mates U8 – U10	02.12.2023	Bilinga SLSC	
QLD Beach Series Round 2	09.12.2023	TBC	
QLD Beach Series Round 3	06.01.2024	TBC	
QLD Board Riding U11 – U14	13.01.2024 & 14.01.2024	TBC	
GC U11-U13 Carnival	03.02.2024	Bilinga SLSC	
PDB Youth Champs U11 – U14	24.02.2024 & 25.02.2024	North Kirra	
PDB U8-U10 Champs	09.03.2024	TBC	
QLD Youth Champs	21.03.2024 - 24.04.2024	Burleigh Heads Mowbray Park	
Australian Youth Champs U13-U14	13.04.2024 & 14.04.2024	Sunshine Coast	

**How long do the carnivals go for?** U8 - U10 Carnivals are usually held over one day whereas the U11 - U14 carnivals can be held over two days (Sat & Sun). Most carnivals marshal approx. 7.30am, with a club warm up being held at 7am. Carnivals involve long hours so be prepared to be at the beach most of the day. Early arrival is required to assist with Club tent set up.

How to enter? An email and Facebook post will be sent out calling for nominations for an upcoming carnival. You can nominate for a carnival by either responding to the email or replying to the Facebook post. This will then be considered as your confirmation of entering your child into that carnival. The cost to enter a carnival is covered by the club, if the JAC Team Selection policy is adhered to. If the Nipper does not attend the carnival or pulls out after the closing date the club reserves the right to recover the cost of the entry fee. A list of the entered competitors in an upcoming carnival will be sent out through email, Facebook and put on the notice board in the junior clubhouse prior to the closing date for you to double check and inform the Club Registrar of any changes. If a nomination for a carnival is received after the closing date, the member will have to cover the cost of the late entry (see attached Late Carnival Entry Policy)

What to Bring? Each club has a tent set up on the beach that we provide for competitors. We ask parents to bring their own umbrella and chair and sit nearby if space under cover is limited. Everyone will require plenty of water and food to last the day, sunscreen, hat, nipper cap, nipper hi-vis pink rashie and warm clothes if the weather/wind turns.

## MIDWEEK TRAINING PROGRAM INFORMATION

Please see below the weekly structure and program timetable for the water & beach coaching program for: **Under 8 – 14 athletes (Nippers).** 

#### **Water Sessions**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Run 15:30pm		Board		
	Board 4.00pm		4.00pm		Iron
	Nipper Club		Pirate Park	OFF	9am
	U11-U13		U11-U13		Nipper Club
	Under 10's -		Pirate Park		Strictly U11-U13
	as invited		Foamies U9-U10		
			(TBC)		
Board		Iron	Board		Iron
4:15pm		7.00am-Senior Club	4.00pm – Senior	OFF	7.00am – Senior
Winders Park		U14 Only	Club		Club
Bring running gear.		Club or creek	U14 ONLY		U14 ONLY
U14 ONLY			Club or creek		Club

NOTE: U14 Monday Session will be held on a Monday from August to early December.

#### **Beach Sessions**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4.30pm		4.30pm			7.30am
Merv Craig Rec		Merv Craig Rec			Currumbin SLSC
Park, Galleon Way		Park, Galleon Way			
Open to all U8-		Open to all U8-			Open to all U8-
U14's		U14's			U14's

#### **Program Structure:**

The overall structure of the program is developed to cater for all Surf Sports competitors within our club from age 10 (Nippers) through to Masters.

**Sport Delivery Framework goal**: "To provide structured and skill specific surf sports training programs that caters for all competitive members of the Currumbin Beach Vikings."

**Program Concept:** The surf sports program is designed to cater for all members of the club across all age groups, level of competency and disciplines that will create pathways to achieving both the club and individuals social and competitive needs.

The program is designed to be progressive throughout the weekly cycles and will flow from season to season, with the focus on fostering the growth and development of the athletes involved in the program both competitively and socially. Sequential skill development and pathway identification and tracking is critical and the development of athlete driven individual performance plans and coach monitoring tools is also vital to establishing the foundation for accountability and engagement with the by-product being performance and athlete satisfaction.

You cannot train in the water without your hi-vis pink rashie and nipper cap. We also need to satisfy the water safety ratio of 1:5 for training so please bring your orange water safety rash shirt down if you are a proficient bronze/SRC holder parent/sibling. Training is not a drop off, a parent/guardian must stay with their child at the beach while training is on.

U11 – U13 Please note: All members must have a fibreglass board if they wish to train/compete. Fibreglass boards are available for hire at a fee of \$200 for the season with a refundable deposit of \$200.

On nipper Sunday's, there will be foam boards for members to use.

U9 & U10: Foam boards are available for hire at a fee of \$150 for the season with a refundable deposit of \$200.

\*\* Updated season calendar and training schedules can be found on our website

## **HOW TO BE A GOOD JUNIOR LIFESAVER**

- 1. Be respectful to my fellow members, coaches, Age Managers and parent helpers
- 2. Wear my club colours with pride
- 3. Report to your Age Manager at the start of every nipper Sunday and carnival days
- 4. Report to your coaches at the start of every training session
- 5. Do not leave the club tent on carnival days without permission from your Age Manager
- 6. Club boards are not to be used without permission
- 7. Always wash down your board after use
- 8. Respect club gear and equipment at all times
- 9. Always use sun cream and have a water bottle at nipper sessions
- 10. You must wear your club cap and pink rashie at all nipper trainings, carnivals and nipper Sundays
- 11. Do not enter the water without permission from your Age Managers/Coaches

## **WORKING WITH CHILDREN CHECK**

Currumbin SLSC at all levels is committed to the health, safety and wellbeing of all its members and is dedicated to providing a safe and enjoyable environment for participants in surf lifesaving activities. The Queensland Government has made it mandatory for all organisations to screen people wishing to be involved with children/youth.

The Working with Children Check is a detailed assessment of a person's suitability to work with children under the age of 18, based on the person's criminal history. As of 1st May 2002, the Commission for Children and Young People Act 2000 (Qld) required all volunteers working in specific child related employment to undergo a criminal history check. People who fail to comply with the Act can be penalised. People deemed unsuitable will be prohibited from working with children. The "Working with Children Check" is designed to ensure that only suitable people are employed, operate businesses or volunteer where they have regular contact with children.

The "Working with Children Check" is free of charge for volunteers and application forms can be obtained from the Club Registrar or Surf Life Saving Queensland.

As Club Policy a person must HOLD a current "Working with Children Check" SUITABILITY CARD (blue card) stating that they are suitable for child related employment/volunteering prior to engaging in any Junior Activities at Currumbin SLSC. This suitability card is valid for 3 years, unless it is cancelled earlier.

## Where to send the application form / renewal form once I have filled it in?

Once the "Blue Card" application form has been completed or a renewal form has been completed, the form MUST be given to the Club Registrar to check the proof of ID and to ensure that a lodgement date is entered on the SLSQ's Surfguard Program. The Club Registrar will then send the application form/renewal form to SLSQ and SLSQ will forward the form/renewal to the Children's Commission.

Renewal letters will be sent direct to the member from the Children's Commission prior to expiry. Members renewing must obtain a form from their Club and complete the form and hand it back to the Club Registrar.

NOTE: DO NOT SEND THE APPLICATION / RENEWAL FORM DIRECTLY TO THE CHILDREN'S COMMISSION.



#### Members and all people involved in any way with SLS will:

- a) Respect the rights, dignity and worth of others—treat others as you would like to be treated yourself;
- b) Be ethical, considerate, fair, courteous and honest in all dealings with other people and organisations;
- c) Be professional in, and accept responsibility for your actions;
- d) Be aware of and follow—at all times—SLS' standards, rules, policies and procedures and promote those standards, rules, policies and procedures to others;
- Raise concerns arising under this Policy through the appropriate channels and report any breaches of the Code or this Policy, in line with the Complaint Resolution Policy via http://complaints.sls.com.au/;
- Refrain from any form of abuse, harassment, discrimination and victimisation towards others;
- g) Provide a safe environment for the conduct of activities in accordance with any relevant SLSA policy;
- Ensure SLS is an inclusive organisation that is open to all who wish to participate regardless of age, gender, disability, cultural and linguistic background or sexual orientation;
- Provide a safe and nurturing environment for all participating in SLS by actively promoting the principles of equal opportunity, social justice and cultural safety so that all individuals are treated with respect and dignity;
- Show concern, empathy and caution towards others that may be sick or injured;
- k) Strive to be a positive role model to all;
- Respect and protect confidential information obtained through SLS activities or services; whether individuals and/or organisational information;
- m) Maintain the required standard of accreditation and/or licensing of professional competencies, as applicable to the role(s);
- Ensure that any physical contact with others is appropriate to the situation and necessary for the person's skill development;
- o) Refrain from intimate relations with persons over whom you have a position of authority;
- p) Maintain a duty of care towards others:
- g) Be impartial and accept the responsibility for all actions taken;
- Operate within the rules and spirit of the sport, including the national and international guidelines that govern SLS:
- s) Raise concerns regarding decisions of PPA through the appropriate channels and in a timely manner;
- t) Report any breaches of the codes or this policy to the appropriate PPA;
- u) Agree to abide by the codes; and
- v) Understand the possible consequences of breaching the codes and/or this policy;

## Person in Position of Authority (PPA):

PPA include everyone who holds a position of authority in SLS, whether paid or unpaid, and includes, but is not limited to, all SLS Entity individual Members. For the avoidance of doubt, PPA also includes Child or Young Person (CYP) who may hold a position of authority in SLS over other CYP.

REVISION: 30 March 2024



# CURRUMBIN BEACH VIKINGS NIPPERS SLSC LATE CARNIVAL ENTRY POLICY

Policy Register Number: CSLSC1.02

Original Issue Date: 21<sup>st</sup> January 2016
Approved By: Club Council
Approved on: 21<sup>st</sup> January 2016
Scheduled Review Date: November 2024

#### **Background:**

This policy has been written and revised in conjunction with Currumbin SLSC's Late Carnival Entry Policy Statement.

### **Purpose:**

Late Carnival Entry Fees place a significant financial imposition on the Club. Fees for some SLSQ and Point Danger Branch carnivals range between 200%-300% more than the original entry fee.

It is the responsibility of the individual to have a knowledge and understanding of this policy. If there are any aspects of this policy that require clarification for you, your first point of contact should be the Currumbin SLSC Director of Surf Sports or Junior Activities Chairman (Nippers).

#### Scope:

- Currumbin Beach Vikings Surf Life Saving Club Inc. has a carnival entry procedure whereby club members are eligible to nominate/register to participate in an approved carnival prior to the close of entries
- During this period, the Club will accept entries, providing they are made using the proper registration procedure
- Currumbin Beach Vikings SLSC will not be responsible for additional charges incurred for late entries
- Under special circumstances, the Club Administrator or Team Manager Surf Sports shall nominate members
  as late entries for carnivals providing a) the late entry is submitted by the staff/Club Council member
  authorised to submit entries on behalf of the Club and b) the member has paid the late entry fee to the Club
  in full prior to the commencement of the carnival
- The Club reserves the right to refuse, invalidate or cancel any entry and to return an entry received after the closing date has passed.



# CURRUMBIN BEACH VIKINGS NIPPERS SLSC TEAM SELECTION POLICY

Policy Register Number: CSLSC1.03

Original Issue Date: 1st August 2015

Approved By: Club Council

Approved on: 18th August 2020

Scheduled Review Date: November 2023

#### **Background:**

This policy has been written and revised in conjunction with Currumbin SLSC's Team Selection Policy Statement.

#### **Purpose:**

To ensure the process for selection in Nipper Teams is clear and transparent for members

#### Scope;

The Selection panel and coaching committee consists of: Director of Surf Sports, Lead Nipper Coach, Assistant Nipper Coach, Nipper Beach Coach, Assistant Senior Coach, Nipper President, Nipper Vice President.

#### Team Selections and Considerations for U11 – U14 age groups

- 1. Time trial records to be kept Time trials at varying distances will be held in the creek at different stages of the season.
- 2. Club Champs results to be kept.
- 3. Training frequency to be considered but not an overwhelming factor.
- 4. Consideration given to all club members.
- 5. The "A" teams are always the fastest team and consistency evolving. Meaning once initial teams are selected; it doesn't mean they stay that way for the whole season.
- 6. Under 10's will be considered for Branch and State teams at the discretion of the coaches in the Under 11's.
- 7. Coaches will select teams then submit to the coaching committee for final say / approval. Any athletes and parents with any issues on teams selected are to direct their concerns to the coaching committee.
- 8. Understanding that the teams have been selected by a panel of 8 people.
- 9. Teams once selected are final for that specific carnival.
- 10. If Under 11 Under 14 Branch is cancelled the club will run a selection event to assist team selection for the State titles.
- 11. The selection committee has the right to adjust and amend team selections as they deem appropriate.



# CURRUMBIN BEACH VIKINGS NIPPERS SLSC SUN PROTECTION POLICY

The health of Members, Supporters and Visitors is of primary concern to Currumbin Surf Life Saving Club Inc.

Currumbin Surf Life Saving Club acknowledges Skin cancer is a major public health issue in Australia. Queensland records the highest rates of melanocytic and non-melanocytic skin cancer (NMSC) in the world.

Currumbin Surf Life Saving Club Inc. recognises that most skin cancer is preventable, and we actively seek to promote, encourage, and support sun protection during junior activities, training and competition at all levels.

Where possible Currumbin Surf Life Saving Club Inc. will:

- 1. Consider the reasons for and appropriateness of any rules, which prevent the implementation of such protection strategies.
- 2. Schedule activities to avoid some, if not all, of the peak ultraviolet period (11am to 3pm daylight saving time.)
- 3. Promote and make available sun protective clothing to our participants and officials.
- 4. Provide shade canopies at all junior surf lifesaving activities and SLSA carnivals for the protection of our Junior Members, Age Group Managers, Coaches, Competitors, Referees and Officials.

#### This would include:

- 1. Strongly encouraging parents to purchase sun safe hats and protective uniforms for their child's / children's use during SLSA activities.
- 2. Encouraging parents to provide Australian Standard (labelled as AS1067) sunglasses that filter 100% of UV rays for their child/children.
- 3. Explore opportunities to redesign existing uniforms to be more sun protective.
- 4. Encourage Members to use broad-spectrum water-resistant sunscreen of at least 30SPF. Provide sunscreen for Members and spectators.
- 5. Make maximum use of existing shade venues. Individuals will also be encouraged to bring their own shade structures to events.
- 6. Promote Sun Safety through newsletters, brochures and announcements at junior activities and competition venues.
- 7. Encourage senior competitors, Age Group Managers, Coaches, Referees and Officials in prominent positions and parents to be Sun Smart role models.
- 8. Advise competitors and parents about the club's Sun Smart Policy on Registration day and encourage them to comply with it.
- 9. Parents / guardians of children participating in surf lifesaving activities should be provided with the SLSA sun safety policy and encouraged to comply with it. Club officials, parents and carers must apply the above standards wherever possible.



Currumbin Beach Vikings Surf Life Saving Club Inc. Child and Youth Risk Management Strategy

Creating safe and supportive service environments for children and young people is everyone's business Currumbin Beach Vikings Surf Life Saving Club Inc. is committed to providing the highest standard of service to children and young people and ensuring they are kept safe from harm.

In order to create a safe and supportive service environment for children and young people, surf life saving clubs must initiate and maintain ongoing planning and commitment.

In a safe and supportive environment, services and activities are provided so children and young people:

- feel safe and protected from harm;
- help plan activities and make decisions;
- · are consulted and respected; and
- have their best interests considered and upheld.

In accordance with the Working with Children (Risk Management and Screening) Act 2000, Currumbin Beach Vikings Surf Life Saving Club Inc. is required to have a written child and youth risk management strategy to protect the children and young people in our organisation from harm. The strategy will help ensure Currumbin Beach Vikings Surf Life Saving Club Inc. is a safe and supportive service environment for children and young people, by identifying and minimising risks. Screening employees and volunteers through the blue card system is part of the strategy.

The child and youth risk management strategy addresses the following elements:

- · a statement of commitment;
- a code of conduct for interacting with children and young people;
- procedures for recruiting, selecting, training and managing paid employees and volunteers;
- policies and procedures for handling disclosures or suspicions of harm, including reporting guidelines;
- · a plan for managing breaches of the child and youth risk management strategy;
- policies and procedures for implementing and reviewing the child and youth risk management strategy and maintaining an employee register for blue cards;
- risk management plans for high-risk activities and special events; and
- strategies for communication and support.

As a parent/ carer, it is important for you to understand the policies and procedures that form the child and youth risk management strategy. A copy of the strategy is available on request from Currumbin Beach Vikings Surf Life Saving Club Inc. for your information and comment.

There are also a number of things that you as a parent/carer can do to ensure that your child is in a safe environment while participating in Currumbin Beach Vikings Surf Life Saving Club Inc. activities. The following actions will help you contribute to providing a safe environment for your child:



#### Do's

- Get involved and get to know your child's coach/ age manager/ trainer/ supervisor. Maintain open and frank communication. Make an effort to attend training and carnivals whenever you can.
- Speak out when you hear language or attitudes that contribute to a negative or unsafe environment. You should where appropriate pursue your issues with the Club's Executive.
- Seek approval from the Team Manager/ Age Manager/ Supervisor when you wish to interact with your child/ children during team/group activities, especially if you wish to deviate from the group activity or program.
- If things occur that disturb you, talk to the coach /age manager / trainer / supervisor about them.
- Monitor closely any increases in the amount of time the coach/trainer spends with your children beyond the training/activity session.
- Encourage your child to play by the rules.
- Limit communication, where possible, via social media messaging (such as text, email, Facebook or Instagram) between your child and their Coach/ Age Manager/ Trainer
- Avoid unsupervised activities/ circumstances e.g. If you will be late picking up your child arrange for another parent or guardian to wait with your child until you arrive.

#### Don't

- Put coaches/ age managers/ trainers on pedestals. Tell your children it's okay to say 'no' if the coach/ age manager/ trainer is doing something that makes them feel uncomfortable.
- Accept any suggestion of private, closed training sessions. If they do occur ask the coach/trainer for an explanation.
- Sling verbal abuse at officials, coaches, age managers or others.
- Ridicule your child for making a mistake

Know and abide by the Members Code of Conduct and encourage others to do the same.



## Code of Conduct for People in Positions of Authority When Dealing with Children and Young People

The Code of Conduct should be followed at all times and by all Members and all people involved in any way with Currumbin Beach Vikings Surf Life Saving Club Inc. and SLS.

#### Adhering to Role Boundaries

Persons in Positions of Authority should act within the confines of their duties at all times, subject to a direction by a relevant Senior Person.

#### Do



- make it clear to the Child or Young Person what your role is within the Club and to them (i.e., As a coach my role is to train, instruct and guide you and not to be your best friend or counsellor)
- seek a Child or Young Person's permission to touch or interact when demonstrating an activity. At all times you are to avoid any intimate part of a Child or Young Person's body e.g., genitals, backside or breast area
- stick to contacting a Child or Young Person via their parents or guardians rather than contact the Child directly.

#### Don't



- adopt an ongoing welfare role with a Child or Young Person that is beyond the scope of your role, or that is the responsibility of another member (e.g., a counsellor)
- engage in the massage/stretching of Children or Young People, if not your specified role within the Club. If authorised to conduct such activity you must first ask the Child or Young Person's permission and ensure it is always within line of sight of other adults. Massage/stretching can be done only with the prior authorisation of a parent or guardian and wherever possible in their presence
- try to engage in activities with Children and Young People outside your specified role, such as watching a Child's basketball game, playing virtual video games together or attending their birthday party
- use personal rather than Club approved equipment, unless authorised by the Club
- offer overnight/weekend/holiday care of Children and Young People as respite to parents or extra tuition or coaching.

#### Uniform and Identity Card/Pass/Badge/Working with Children Check (WCC)

Persons in Positions of Authority other than parents/carers of Children and Young People or Participants should have available their uniform or identification tag/badge/pass (where issued and/or available) only while involved in delivering services, programs, events or activities or as required by their role.

## Do



- try to be identifiable in your role when delivering services, programs, events or activities
- make it clear to a Child or Young Person if you are offduty and refer them to someone who is on duty and representing SLS entity.

#### Don't



 wear your uniform when not delivering services, events or activities as required by your role

Currumbin Beach Vikings Surf Life Saving Club Inc. 741 Pacific Parade Currumbin GLD 4223 Revised September 2021



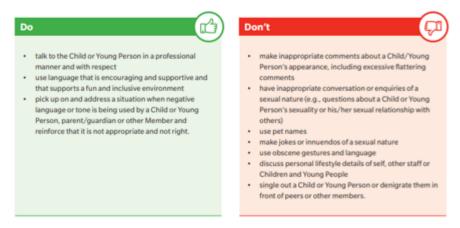
## Code of Conduct for People in Positions of Authority When Dealing with Children and Young People

#### Use of Language and Tone of Voice

Language and tone of voice used in the presence of Children and Young People should:

- provide clear direction, boost their confidence, encourage or affirm them
- not be harmful—therefore, avoid language that is intended to be, or is received or likely to be received by the
  individual it is directed at or any other person as:
- discriminatory, racist or sexist
- derogatory, belittling or negative, for example, by calling a Child or Young Person a 'loser' or telling them they are 'too fat'
- threatening or frightening
- profane or sexual.

Similar language and tone of voice should be used in all Member-to-Member transactions.



#### Supervision of Children and Young People

Persons in Positions of Authority responsible for supervising Children and Young People in relation to whom SLS Entities have a direct role in providing activities, events, programs and services must strive to ensure that those Participants:

- engage positively within the delivery of the service, program, event or facility
- · behave appropriately towards one another
- · are in a safe environment and are protected from external threats



Currumbin Beach Vikings Surf Life Saving Club Inc. 741 Pacific Parade Currumbin QLD 4223 Revised September 2021



## Code of Conduct for People in Positions of Authority When Dealing with Children and Young People

#### Use of Electronic Communications

Other than between Children and Young People, wherever possible, social media messages (such as text, email, Facebook or Instagram, Snapchat, WhatsApp) sent to a Child or Young Person by a Person in a Position of Authority should be copied to their parent or carer.

## Do L

- try to communicate through the parent/guardian rather than the Child
- restrict communication, if communication with a Child is necessary, to issues directly associated with delivering services, activities or programs that are SLS related, such as advising that training is cancelled
- try to communicate in a group text rather than texting a Child individually
- inform the parent or guardian or Persons in Position of Authority within your club if a Child communicates with you outside your role, and kindly advise the Child that that behaviour is inappropriate.

#### Don't



- · befriend the Child or Young Person on social media
- ask a Child or Young Person to not tell their parents or carers when you have communicated with them
- send photos or videos to directly to a Child or to another person without the prior authority of their parent or guardian
- upload or publish still/moving images or audio recordings of Children or Young People without the prior authorisation of their parent or guardian.

#### Giving Gifts to Children and Young People

Other than parents/carers of Children and Young People giving gifts to their own child or children, the giving of gifts by Persons in Positions of Authority to Children and Young People to whom services are provided is subject to:

- · obtaining prior authorisation from a Senior Person permitted to authorise gift-giving from the Club
- · parents or other responsible adults being made aware of any gift given.

#### Do



 make sure, if giving a gift to a Child or Young Person, that all Children and Young People are receiving a gift, and it is done in the presence of their parents or guardians and with their prior authorisation.

#### Don't



- give out personal gifts or special favours
- · single out a Child with a gift or special favours
- give out personal gifts to a Child without the presence of another Person in a Position of Authority and without prior authorisation of their parent or guardian.



## Code of Conduct for People in Positions of Authority When Dealing with Children and Young People

#### Photographs of Children and Young People

Subject to all relevant SLSA policies (including this Policy) Children and Young People to whom a service is delivered are to be photographed while involved in a relevant SLS service, activity, event or facility only if:

- prior approval has been granted by the relevant Child and Young Person or the parents/guardian of the relevant Child and Young Person and by the relevant SLS Entity
- · the context is directly related to participation in SLS
- the Child or Young Person is appropriately dressed and posed
- . the image is taken in the presence of other Persons in Positions of Authority

### Do



- ask permission from the Child's parent or guardian before taking any photos or videos
- · say something if you see someone acting suspiciously
- delete any photos as soon as they are no longer required
- ensure the context in which you are taking photos or videos is directly related to their participation in SLS.

#### Don't



- use any camera/video device including phones in change rooms or bathrooms
- forward, share or send on any photos or videos of a Child or Young Person
- publish a photo or video on social media without the prior approval of the Child or Young Person's parent or guardian.

#### Change Room Arrangements

Persons in Positions of Authority:

- should avoid one-on-one situations with Children and Young People in a change room area
- are not permitted to use the change room area to, for example, undress, while Children and Young People are
  present unless they are also competing in a SLS event or are participating in a SLS training environment
- · need to ensure adequate supervision in public change rooms when they are used
- need to provide the level of supervision required for preventing Child Abuse by members of the public, adult service users, peer service users or general misbehavior, while also respecting a Child's privacy.

In addition, females should avoid entering male change rooms and males should avoid entering female change rooms

### Do





- try to have at least one other adult with you in a change room with Children
- try to get changed in an individual closed cubicle.

#### Don't



- undress in the presence of Children and Young People
- isolate yourself and a Child from others in the change room.

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## Code of Conduct for People in Positions of Authority When Dealing with Children and Young People

#### Physical Contact with Children and Young People

Any physical contact with Children and Young People must be appropriate to the delivery of services, events, programs or activities, such as when fitting sporting equipment like goggles, and appropriately correcting technique and based on the needs of the Child or Young Person (such as to assist or comfort a distressed young person) rather than on the needs of Persons in Positions of Authority.

#### Do



- seek a Child or Young Person's permission to touch or interact when demonstrating an activity. At all times you are to avoid any intimate part of a Child or Young Person's body e.g., genitals, backside or breast area
- check that physical contact is acceptable to a particular Child or Young Person. Even non-intrusive touch may be inappropriate if a Child or Young Person indicates he/she does not wish to be touched
- respect and respond to signs that a Child or Young Person is uncomfortable with touch
- try to use verbal directions rather than touch (e.g., ask a Child or Young Person to move in a particular way, rather than physically place the Child or Young Person in the required position)
- try to discourage younger Children from inappropriate expectations of hugs or cuddles. This should be done gently and without embarrassment or offence to the Child. For example, offer a high five as encouragement
- kindly and appropriately tell a Child or Young Person who is inappropriately or excessively touching another Child or Young Person to stop, and raise the concern with a Person in a Position of Authority
- use non-intrusive gestures to comfort a Child or Young Person who is experiencing grief and loss or distress, such as a hand on the upper arm or upper back
- use non-intrusive touch (e.g., congratulating a Child or Young Person by shaking hands or a pat on the upper arm or back). Try to accompany such touch with positive encouraging words.

#### Don't



- initiate, permit or request inappropriate or unnecessary physical contact with a Child or Young Person (e.g., massage, kisses, tickling and wrestling games) or facilitating situations that unnecessarily result in close physical contact with a Child or Young Person
- single out the same Child or Young Person when performing demonstrations
- inflict corporal punishment (physical discipline, smacking, long runs in hot weather, no water breaks



## Code of Conduct for People in Positions of Authority When Dealing with Children and Young People

#### Sexual Misconduct and Relationships

Under no circumstances is any form of sexual behaviour to occur between, with, or in the presence of, Children or Young People participating in any SLS environment. Engaging in sexual behaviour while participating in SLS services, events, programs or activities is prohibited even if the Children or Young Persons involved may be above the legal age of consent. 'Sexual behaviour' needs to be interpreted widely to encompass the entire range of actions that would reasonably be considered to be sexual in nature, including but not limited to:

- 'contact behaviour', such as sexual intercourse, kissing, fondling, sexual penetration or exploiting a Child through prostitution
- 'non-contact behaviour', such as flirting between adults and Children and Young People, sexual innuendo, inappropriate text messaging, inappropriate photography or exposure to pornography or nudity.

Consensual intimate relationships (whether or not of a sexual nature) between a Person in a Position of Authority and an adult Participant should, where possible, be avoided as they can have harmful effects on the Participant involved and on other Members and on our organization's public image.



- avoid at all costs any consensual intimate relationship between Persons in Positions of Authority and an adult Participant or Younger Person. This may be, for example, a 17-year-old coach and a 15-year-old Participant
- advise a Person in a Position of Authority if you are aware of, or are involved in, a relationship with a Person in a Position of Authority or you are a Person in a Position of Authority who is having a relationship with a fellow member.

## Don't

- undress in front of or expose yourself in any way to a Child or Young Person
- flirt with or make any innuendo or sexual connotations towards a Child or Young Person
- do any of the above-mentioned actions in person or online

#### Overnight Stays and Sleeping Arrangements for Children and Young People

Standards of conduct that must be observed by Persons in Positions of Authority during an overnight stay include but are not limited to:

- · providing Children and Young People with privacy when bathing and dressing
- observing appropriate dress standards when Children and Young People are present—such as no exposure to adult nudity
- not allowing Children and Young People to be exposed to pornographic material, for example, through movies, television, the internet or magazines
- not leaving Children and Young People under the supervision or protection of <u>unauthorised</u> persons, such as hotel staff or friends
- not involving sleeping arrangements that may compromise the safety of Children and Young People, such as
  unsupervised sleeping arrangements, or an adult sleeping in the same bed as a Child or Young Person unless
  authorised to do so by a relevant SLS Entity, as appropriate
- the right of Children and Young People to contact their parents, or others, if they feel unsafe, uncomfortable or distressed during the stay must be respected. As a representative of SLS you are required to facilitate contact with parents whenever a Child feels distressed or unsafe.
- parents expecting that their Children and Young People can, if they wish, make contact

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## Code of Conduct for People in Positions of Authority When Dealing with Children and Young People

#### make sure there are appropriate levels of supervision · share rooms with Children. If an adult presence is General rule is a minimum of two adults with a ratio of required, there should always be more than one Child in the room with the adult be alone in a room with a Child plan appropriate accommodation. If Children share a room they should be the same age and sex remove a Child's clothing, even in an emergency, plan for emergencies. If you need to administer first unless you have their permission and at least one other aid, do so only if you are qualified and in the presence person is with you. keep parents informed and let them know: aim of the trip; destinations and venues; competition details; supervision levels; roles and responsibilities of accompanying adults and the estimated time of arrival and departure keep Children informed and let them know: what's expected of them; roles and responsibilities of adults accompanying them; their rights and who to talk to if they have any concerns.

#### Transporting Children

Children and Young People are to be transported by Persons in Positions of Authority (other than by their parent(s)/carer(s)] only in circumstances that are directly related to the delivery of SLS services, events, programs or activities. For example, Children and Young People should not be given casual lifts unrelated to SLS services, events or activities by Persons in Positions of Authority. Children and Young People are to be transported by Persons in Positions of Authority only with prior authorisation from a relevant SLS Entity Senior Person and from the Child or Young Person's parent/carer. Gaining approval involves providing information about the proposed journey



#### Positive Guidance

Children or Young Persons participating in SLS events, services, programs and activities should be made aware of the acceptable limits of their behaviour so that a positive experience can be provided for all Participants. There are times, however, when Persons in Positions of Authority will be required to use appropriate techniques and behaviour management strategies to ensure:

- · an effective and positive environment
- the safety and/or wellbeing of Children, Young People or other SLS personnel.

Persons in Positions of Authority should use strategies that are fair, respectful and appropriate to the developmental stage of the Children and Young People involved. Children and Young People need to be provided with clear directions and given an opportunity to redirect their misbehav our in a positive manner

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### Plan for Managing CYRMS Breaches

#### Introduction

A breach is any action or inaction by any member of the organisation, including children and young people, that fails to comply with any part of your organisation's child and youth risk management strategy. However, a breach that results in significant harm to a child or young person needs to be considered in terms of an allegation or suspicion of harm in the first instance.

#### Purpose

This plan outlines the steps to be taken following a breach of the child and youth risk management strategy in order to address the breach in a fair and supportive manner.

#### Definition

A breach is any action or inaction by any member of the organisation, including children and young people, that fail to comply with any part of the strategy. This includes any breach in relation to:

- · statement of commitment to the safety and wellbeing of children and the protection of children from harm;
- · code of conduct for interacting with children and young people;
- procedures for recruiting, selecting, training and managing paid employees and volunteers;
- · policies and procedures for handling disclosures or suspicions of harm, including reporting guidelines;
- policies and procedures for implementing and reviewing the children and youth risk management strategy and maintaining an employee register;
- risk management plans for high risk activities and special events; and
- strategies for communication and support.

All stakeholders are to be made aware of the actions or inactions that form a breach as well as the potential outcomes of breaching the child and youth risk management strategy.

Who must comply with this plan?

- employees, volunteers and contractors
- committee members
- work experience students/students on placement
- parents and carers
- children and young people.

Processes to manage a breach of the child and youth risk management strategy.

Breaches will be managed in a fair, unbiased and supportive manner. The following will occur:

- · all people concerned will be advised of the process;
- all people concerned will be able to provide their version of events;
- the details of the breach including the versions of all parties and the outcome will be recorded;
- matters discussed in relation to the breach will be kept confidential; and
- an appropriate outcome will be decided.



## Plan for Managing CYRMS Breaches

### Suitable outcomes for breaches

Depending on the nature of the breach, outcomes may include:

- emphasising the relevant component of the child and youth risk management strategy, for example, the code of conduct;
- · providing closer supervision;
- · further education and training;
- · mediating between those involved in the incident (where appropriate);
- · disciplinary procedures if necessary; or
- · reviewing current policies and procedures and developing new policies and procedures if necessary.

Responsible person/officer: CEO

Date: 25th November 2021 Review Date: August 2022



# Currumbin Beach Vikings Surf Life Saving Club Inc. Statement of Commitment

Currumbin Beach Vikings Surf Lifesaving Club is committed to safeguarding children and young people in our membership. We acknowledge that a child-safe organisation doesn't just happen; it requires conscious effort to protect children and young people from harm.

Currumbin Beach Vikings Surf Lifesaving Club will work together to ensure a safe and inclusive environment for all children participating in our community. We recognise that our staff, volunteers and members must understand the important responsibilities they each have in relation to child safety. Every person bound by this statement of commitment must always place the safety and welfare of children and young people above all other considerations.

Several measures will be used to achieve this such as:

- Prohibiting any form of abuse against children.
- Providing opportunities for our juniors to contribute to and provide feedback on our program development.
- Carefully selecting and screening people whose role requires them to have regular contact with children.
- Ensuring our code of conduct for people in positions of authority, is promoted and enforced particularly for roles associated with junior sport.
- · Providing and promoting avenues for raising concerns or complaints; and
- Providing regular education and/or information to those involved in lifesaving on child abuse and child protection
- Ensuring safeguarding policy and procedures are communicated and understood by relevant staff and members.

The Currumbin Beach Vikings Surf Lifesaving Club requires that if anyone bound by this statement of commitment reasonably suspects that a child within our organisation, has been or is being abused report it immediately to the police or Department of Communities Child Safety and Disability Services, and to the association's Safeguarding Children and young People online reporting portal.

All allegations of child abuse will be dealt with promptly, seriously, sensitively, and confidentially. A person will not be victimised for reporting an allegation of child abuse and the privacy of all persons concerned will be respected.

Together we commit to provide an environment where children feel safe, respected, and valued.

As the President of Currumbin Beach Vikings Surf Lifesaving Club SLSC, I hereby sign this Statement of Commitment on the 16<sup>th</sup> July, 2023.

John Brennan OAM

President

**Currumbin Beach Vikings Surf Lifesaving Club** 



## **CLUB CAPTAINS & VICE CAPTAINS**

Each season a male and female club captain and a male and female vice-captain are elected to lead the nipper club. This process is usually done in the first few weeks of nippers and is voted by the U13-U14 age groups and endorsed by the JAC. The nipper Club Captains are role models for the nippers and will make themselves available to contribute to activities throughout the season and represent the club as required.

## Let your emerging leadership skills shine in this vital supporting role.

As the Junior Club Captain, you will play a key role at your surf lifesaving club, supporting the Club Captain, delegating tasks, and taking responsibility for a range of tasks to assist in the lifesaving operations of the club. Many Junior Club Captains are emerging leaders of the lifesaving movement and aspiring young members who are looking to be mentored into a more senior role within the club, such as Club Captain.

<u>Requirements:</u> On an annual basis, Currumbin Nippers will look to appoint a Club Captain who displays leadership qualities and who demonstrates the following behaviours

### All Junior Club Captains must be:

- Financial members of their surf lifesaving club;
- Commit to attending nipper Sundays 75% during the season.
- Display respect for coaches, nippers, club members and the wider community.
- Show commitment to honest effort and strives for improving performance.
- Works hard for the club, team and self.
- Demonstrates pride in Currumbin Nippers Club.
- Acts as a good role model for other nippers; applauds good performance and effort from all individuals and teams regardless of the outcome.
- Upholds and demonstrates the principles of fairness, respect, responsibility and safety.
- Fosters friendship, integrity, success, trust, enjoyment, equality, loyalty, opportunity and compassion.

### **Training**

This position will be mentored by the club's current Club Captain who is experienced in the role and can share learnings to ensure that on the job training is provided to the Junior Club Captain. This type of hands on training is invaluable for assisting in making sure there is a successor for this important role

#### **Further Opportunities**

If you wish to take your leadership skills to the next level, a natural progression is to transition into the role of Club Captain, Team Manager, Youth Development Officer or Club President of the Senior Club.

### **Evaluation Process**

Evaluation process consists of two parts. This application form is the first part of the process followed by a speech to fellow U13 & U14 members and committee members. Nomination forms can be collected from the committee and handed in or emailed to the Secretary by the closing date. Each applicant shall introduce themselves to the members by way of a small speech (please be prepared). The speech is to be no longer than 3 minutes (Please keep it short and to the point) Shortly after the speech, the U13 & U14 age group will vote for their preferred candidate for each role. This will be submitted to the committee for their review before appointing the successful applicants.

The committee will consider various factors when reviewing this written application and the speech. This will include demonstrated **Leadership**, **Commitment**, **Dependability**, **Friendliness and Cooperation**. Feedback may be sought about applicants from coaches and other club members at the JAC's discretion.

Name:
Date of Birth:
Male / Female
Active Member: Yes / No
Why do you seek to be a Club Captain?
List the personal qualities that support your application
What have you done that demonstrates your commitment to being a leader at our club? (E.g. at training, club nights, carnivals etc.)
Signature:
Date:

**Application** 

